

Coverage For: Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-207-3172 or visit member.umr.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: \$3,000 Individual / \$6,000 Family Out-of-Network: \$9,000 Individual / \$18,000 Family Per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If youhave other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive</u> care is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network: \$5,000 Individual / \$10,000 Family Out-of-Network: \$15,000 Individual / \$30,000 Family Per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have otherfamily membersinthis <u>plan</u> ,theyhave tomeettheirown <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this plan doesn't cover and penalties for failure to obtain preauthorization for services.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>member.umr.com</u> or call 1-800-207-3172 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might usean <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical	Services You	What Yoเ	ı Will Pay	Limitations, Exceptions, & Other Important Information
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (Youwillpaythemost)	
If you visit a health care provider's office	Primary care visit to treat an injury or illness	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Virtual Visits - 0% coinsurance by a Designated Virtual Network Provider. No virtual coverage out-of-network.
or clinic	Specialist visit	20% coinsurance	50% coinsurance	None
	Preventive care/ screening/ immunization	No Charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> ifthe servicesneededarepreventive. Then check what your <u>plan</u> will pay for. No coverage <u>out-of-network</u> .
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% <u>coinsurance</u>	Lab Testing: Not Covered X-Ray/Diagnostics: 50% coinsurance	<u>Preauthorization</u> is required <u>out-of-network</u> for certain services or a \$1,000 penalty applies. No coverage <u>out-of-network</u> for lab testing.
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	<u>Preauthorization</u> is required <u>out-of-network</u> or a \$1,000 penalty applies.

Common Medical	Services You	What You	ı Will Pay	Limitations, Exceptions, & Other Important Information
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (Youwillpaythemost)	
If you need drugs to treat your illness or condition More information about prescription	Tier 1 - Your Lowest Cost Option	Retail: \$10 <u>copay</u> Mail-Order: \$25 <u>copay</u> Specialty Retail: \$10 <u>copay</u>	Retail: \$10 <u>copay</u> Specialty Retail: \$10 <u>copay</u>	Provider means pharmacy for purposes of this section. Retail: Up to a 31 day supply. Mail-Order: Up to a 90 day supply or Preferred 90 Day Retail Network Pharmacy. Specialty drugs are not covered through mail-order You may need to obtain certain drugs, including certain
drug coverage is available at smithrx.com	Tier2 - Your Mid- Range Cost Option	Retail: \$35 <u>copay</u> Mail-Order: \$87.50 <u>copay</u> Specialty Retail: \$150 <u>copay</u>	Retail: \$35 <u>copay</u> Specialty Retail: \$150 <u>copay</u>	specialty drugs, from a pharmacy designated by us. Certain drugs may have a preauthorization requirement or may result in a higher cost. If you use an out-of-network pharmacy (including a mail order pharmacy), you may be responsible for any amount over the allowed amount. Certain preventive medications (including certain contraceptives) are covered at No Charge.
	Tier3 - Your Mid- Range Cost Option	Retail: \$70 <u>copay</u> Mail-Order: \$175 <u>copay</u> Specialty Retail: \$250 <u>copay</u>	Retail: \$70 <u>copay</u> Specialty Retail: \$250 <u>copay</u>	See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered. You may be required to use a lower-cost drug(s)prior to benefits under your policy being available for certain prescribed drugs. Prescription drug costs are subject to the annual <u>deductible</u> . Network deductible will be applied to the <u>out-of-network</u>
	Tier 4 - Your Highest Cost Option	Not Applicable	Not Applicable	<u>provider</u> and applies to the <u>Network out-of-pocket limit</u> .
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Out-of-network allowed amounts for Facility Fees are limited to \$760 per date of service. Preauthorization is required out-of-network for certain services or a \$1,000 penalty applies.
	Physician/ surgeon fees	20% <u>coinsurance</u>	50% <u>coinsurance</u>	None

 $^{^{\}star}$ For more information about limitations and exceptions, see the $\underline{\text{plan}}$ or policy document at $\underline{\text{member.umr.com}}.$

Common Medical	Services You	What You Will Pay		Limitations, Exceptions, & Other Important Information
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (Youwillpaythemost)	
If you need immediate	Emergency room care	20% <u>coinsurance</u>	*20% <u>coinsurance</u>	*Network deductible applies.
medical attention	Emergency medical transportation	20% <u>coinsurance</u>	*20% <u>coinsurance</u>	*Network deductible applies.
	<u>Urgent Care</u>	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Virtual Visits - 0% <u>coinsurance</u> by a Designated Virtual <u>Network Provider</u> . No virtual coverage <u>out-of-network</u> .
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization is required out-of-network or no coverage
	Physician/ surgeon fees	20% <u>coinsurance</u>	50% <u>coinsurance</u>	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Network Partial hospitalization/intensive outpatient treatment: 20% coinsurance Preauthorization is required out-of-network for certain services or no coverage See your policy or plan document for additional information about EAP benefits.
	Inpatient services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	<u>Preauthorization</u> is required <u>out-of-network</u> or no coverage See your policy or <u>plan</u> document for additional information about EAP benefits.
If you are pregnant	Office Visits	No Charge	50% <u>coinsurance</u>	Cost sharing does not apply for preventive services.
	Childbirth/delivery professional services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Depending on the type of service a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery facility services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Inpatient Preauthorization applies out-of-network if stay exceeds 48 hours (C-Section: 96 hours) or no coverage

 $^{^{\}star}$ For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>member.umr.com</u>.

Common Medical	Services You	What You	ı Will Pay	Limitations, Exceptions, & Other Important Information
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (Youwillpaythemost)	
If you need help recovering or have other special health needs			50% <u>coinsurance</u>	Limited to 100 visits percalendar year. Out-of-network allowed amounts for Home health care are limited to \$150 per visit. Preauthorization is required out-of-network or a \$1,000 penalty applies.
	Rehabilitation services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Outpatient <u>rehabilitation services</u> are unlimited per calendar year. No limits apply for treatment of Autism Spectrum Disorder Services. No coverage <u>out-of-network</u> for physical and occupational therapy.
	Habilitative services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Services are provided under <u>Rehabilitation Services</u> above. No limits apply for treatment of Autism Spectrum Disorder Services. No coverage <u>out-of-network</u> for physical and occupational therapy.
	Skilled nursing care	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Skilled nursing is Limited to 100 days per calendar year. <u>Preauthorization</u> is required <u>out-of-network</u> or a \$1,000 penalty applies.
	Durable medical equipment	20% <u>coinsurance</u>	Not covered	No coverage <u>out-of-network</u> .
	Hospice services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	<u>Preauthorization</u> is required <u>out-of-network</u> before admission for an Inpatient Stay in a hospice facility or a \$1,000 penalty applies.

 $^{^{\}star}$ For more information about limitations and exceptions, see the $\underline{\text{plan}}$ or policy document at $\underline{\text{member.umr.com}}.$

Common Medical Services You		What You	ı Will Pay	Limitations, Exceptions, & Other Important Information
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (Youwillpaythemost)	
If your child needs dentaloreyecare	Children's eye exam	20% <u>coinsurance</u>	Not covered	Limited to 1 exam every 24 months. No coverage <u>out-of-network</u> .
	Children's glasses	Not Covered	Not Covered	No coverage for Children's glasses.
	Children's dental check-up	Not Covered	Not Covered	No coverage for Children's dental check-up.

 $^{^{\}star}$ For more information about limitations and exceptions, see the $\underline{\text{plan}}$ or policy document at $\underline{\text{member.umr.com}}$

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care

- Glasses
- Infertility Treatment
- Long Term Care

- Non-emergency care when traveling outside the US
- · Private duty nursing
- Routine foot care Except as covered for Diabetes

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture- 20 visits per calendar year
- Bariatric surgery
- Chiropractic (manipulative) care 24 visits per calendar year
- Hearing aids \$2,500 per calendar year
- Routine Eye Care 1 Exam per 24 months
- Weight loss programs- Real Appeal

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

Department of Managed Health Care California Help Center, 980 9th Street Suite #500, Sacramento, CA 95814-4275 at 1-888-466-2219 or www.dmhc.ca.gov, or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.dmhc.ca.gov, or http://www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace. For more information about the Marketplace. Visit www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too including buying individual insurance coverage through the Health Care. Gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or member.umr.com or the Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/ ebsa/healthreform.

Additionally, a consumer assistance program may help you file your appeal. Contact Department of Managed Health Care California Help Center, 980 9th Street Suite #500, Sacramento, CA 95814-4275 at 1-888-466-2219 or www.dmhc.ca.gov.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-633-2446.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-633-2446.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-633-2446.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-633-2446.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>member.umr.com</u>.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

į	■ The <u>plan's</u> overall <u>deductible</u>	\$3,000	■ The <u>plan's</u> overall <u>deductible</u>	\$3,000	■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
	Specialist coinsurance	20%	Specialist coinsurance	20%	■ Specialist coinsurance	20%
	Hospital (facility) coinsurance	20%	Hospital (facility) coinsurance	20%	Hospital (facility) coinsurance	20%
	Other coinsurance	20%	Other coinsurance	20%	Other coinsurance	20%

(a year of routine in-<u>network</u> care of a wellcontrolled condition)

Managing Joe's type 2

This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

Diabetes

Durable medical equipment (glucose meter)

This EXAMPLE event includes services like:

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
Inthisexample, Pegwouldpay:		Inthisexample, Joewouldpay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$3,000	<u>Deductibles</u>	\$3,000	<u>Deductibles</u>	\$2,800
Copayments	\$10	<u>Copayments</u>	\$400	<u>Copayments</u>	\$0
Coinsurance	\$1,600	<u>Coinsurance</u>	\$70	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$4,670	The total Joe would pay is	\$3,470	The total Mia would pay is	\$2,800

We do not treat members differently because of sex, age, race, color, disability or national origin.

If you think you were treated unfairly because of your sex, age, race, color, disability or national origin, you can send a complaint to the Civil Rights Coordinator.

Online: UHC Civil Rights@uhc.com

Mail: Civil Rights Coordinator. UnitedHealthcare Civil Rights Grievance. P.O. Box 30608 Salt Lake City, UTAH 84130

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again.

If you need help with your complaint, please call the toll-free number listed within this Summary of Benefits and Coverage (SBC), TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

You can also file a complaint with the U.S. Dept. of Health and Human Services.

Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Phone: Toll-free 1-800-368-1019, 800-537-7697 (TDD)

Mail: U.S. Dept. of Health and Human Services. 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the number contained within this Summary of Benefits and Coverage (SBC), TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número gratuito que aparece en este Resumen de Beneficios y Cobertura (Summary of Benefits and Coverage, SBC).

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請撥打本福利和承保摘要(Summary of Benefits and Coverage, SBC)內所列的免付費電話號碼。

XIN LƯU Ý: Nếu quý vị nói tiếng Việt (Vietnamese), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi số điện thoại miễn phí ghi trong bản Tóm lược về quyền lợi và đài thọ bảo hiểm (Summary of Benefits and Coverage, SBC) này.

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PAUNA\VA: Kungnagsasalita ka ng Tagalog (Tagalog), may makukuha kang mgalibreng serbisyo ng tulong sa wika. Pakitawagan ang toll-free na numerong nakalista sa Buod na ito ng Mga Benepisyo at Saklaw (Summary of Benefits and Coverage o SBC).

BHHMAHHE: 6ecnnanu.re YCJIYI'H nepeso;1a;1ocrymu,r AJIJI mo;1eli, "!el!po,D;Holi II3hlK JmJJJIeTCJI pyccKoM(Russian). Ilo3BOHHTe no 6ecnJiaTHoMy HOMepy TeJieq>oHa, yxa3aHHOMYB,llaHHOM«Ofoope m,roTH no1<ph!nu1» (Summary of Benefits and Coverage, SBC).

ATANSYON:Si w pale **Kreyol ayisyen (Haitian Creole),** ou kapab benefisye sevis ki gratis pou ede w nan lang paw. Tanpri rele nimewo gratis ki nan Rezime avantaj ak pwoteksyon sa a (Summary of Benefits and Coverage, SBC).

ATTENTION: Si vous parlez **franc;ais** (**French**), des services d'aidelinguistique vous sont proposes gratuitement. Veuillez appeler le numero sans frais figurant dans ce Sommaire des prestations et dela couverture (Summary of Benefits and Coverage, SBC).

1.J'\,VAGA: Jezeli m6wisz po **polsku** (**Polish**), udost pnilismy darmoweuslugi tlumacza. Prosimy zadzwonicpod bezplatny numer podanyw niniejszym Zestawieniu swiadczen i refundacji (Summary of Benefits and Coverage, SBC).

ATEN<;:AO:Se voce fala portugues (Portuguese), contate o servic;o deassistencia deidiomas gratuito. Ligue para o numero gratuito listado neste Resumo de Beneficios e Cobertura (Summary of Benefits and Coverage - SBC).

ATTENZIONE:in caso la lingua parlata sia **l'italiano (Italian)**, sono disponibili servizi di assistenza linguistica gratuiti. Chiamate ii numero verde indicato all'interno di questo Sommario dei Benefit e della Copertura (Summary of Benefits and Coverage, SBC).

ACHTUNG: Falls Sie **Deutsch** (**German**) sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfugung. Bitterufen Sie die in dieser Zusammenfassung der Leistungen und Kostenubernahmen (Summary of Benefits and Coverage, SBC) angegebene gebuhrenfreie Rufnummer an.

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CEEB TOOM: Yog koj hais Lus **Hmoob** (**Hmong**), muaj kev pab txhais!us pub dawbrau koj. Thov hu rau tus xov tooj hu dawbteevmuaj nyob ntawm Tsab Ntawv Nthuav Qhia CovTxiaj Ntsim Zoo thiab Kev Kam Them Nqi (Summary of Benefits and Coverage, SBC)no.

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PAKDAAR: Nu saritaem ti Ilocano (Ilocano), ti serbisyo para ti baddang tilengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan ti awan bayad na nu t.awagan nga numero nga nakalist.a iti uneg na daytoynga Dagup dagiti Benipisyo ken Pannakasakup (Summary of Benefits and Coverage, SBC).

Dfi BAA'AKONINIZIN: **Dine** (**Navajo**) bizaad bee yanilti'go, saad bee aka'anida'awo'igii, t'aa jiik'eh, bee na'ah66t'i'. Taa shqqdi Naaltsoos Bee 'Aa'ahayani d66 Bee 'Ak'e'asti' Bee Baa Hane'i (Summary of Benefits and Coverage, SBC) biyi' t'aa jiik'ehgo beesh bee hane'i bika'igii bee hodiilnih.

OGO\.V: Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac lambarka bilaashka ah ee ku yaalla Soo-koobitaanka Dheefaha iyo Caymiska (Summary of Benefits and Coverage, SBC).



English

IMPORTANT: You can get an interpreter at no cost to talk to your doctor or health insurance company. To get an interpreter or to ask about written information in your language, first call your insurance company's phone number at 1-800-842-2656. Someone who speaks your language can help you. If you need more help, call the Department of Insurance Hotline at 1-800-927-4357.

Español

IMPORTANTE: Puede obtener la ayuda de un intérprete sin costo alguno para hablar con su médico o con su compañía de seguros. Para obtener la ayuda de un intérprete o preguntar sobre información escrita en español, primero llame al número de teléfono de su compañía de seguros al 1-800-842-2656.

Alguien que habla español puede ayudarle. Si necesita ayuda adicional, llame a la línea directa del Departamento de seguros al 1-800-927-4357. (Spanish)

<u>中文</u>

重要事項:您與您的醫生或醫療保險公司交談時,可獲得免費口譯服務。 如欲請翻譯員提供口譯,或欲查詢中文書面資料, 請先致電您的保險 公司,電話號碼 1-800-842-2656

說中文人士將為您提供協助。如需更多協助,請致電保險部熱線 1-800-927-4357(Chinese)

XIN LUU Y: N6u quyvj n6i ti6ng **Vi t(Vietnamese)**, quyvj seduqccung c p djch v1, trq giup v6ngon ngfrmi6nphi. Vui long g9is6 di n tho-1-i mi6nphi &m t sauthehc:;,i vien cua quyvj.

알림: 한국어(Korean)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. 귀하의 신분증 카드에 기재된 무료 회원 전화번호로 문의하십시오.

PAUNA VvA: Kung nagsasalita ka ng **Tagalog** (**Tagalog**), may makukuha kangmga libreng serbisyo ng tulongsa wika. Pakitawagan ang toll-free na numero ng telepono na nasa iyong identification card.

BHMMAHI1E: 6ecn.11aTH&1e ycnyrn nepeBo,na,nocrynH&I,nmimo,neH, 'leHpo,D;HoHH3bIK.iram1ercJ1**pyccKHM(Russian).** ITo3BOHHTe no 6ecnnaTHOM)IHOMepyTeneq>oHa, yKa3aHHOM)IHa BaIIIeHH,D;eHTHq>IIKaUHOHHOHKapTe.

نبيه: إذا كنت تتحدث العربية (Arabic)، فإن خدمات المساعدة اللغوية المجانية متاحة لك. الرجاء الاتصال على رقم الهاتف المجاني الموجود على معرّف العضوية.

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وجه: اگر زبان شما فارسي (Farsi) است، خدمات امداد زباني به طور رايگان در اختيار شما مي باشد. لطفا با شماره تلفن رايگاني كه روى كارت شناسايي شما قيد شده تماس گيريد.

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CEEB TOOM: Yog koj haisLusHmoob (Hmong), muaj kevpab txhais luspub dawb rau koj. Thovhu rau tusxovtooj hu debdawb uas teevmuaj nyob rau ntawmkoj daim yuaj cim qhia tus kheej.

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