

**SUMMARY ANNUAL REPORT FOR
AMYS KITCHEN, INC. FAMILY HEALTH CENTER**

This is a summary of the annual report of the Amys Kitchen, Inc. Family Health Center (Employer Identification Number 68-0154899, Plan Number 503) for the plan year 01/01/2018 through 12/31/2018. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

Amys Kitchen, Inc. has committed itself to pay medical claims incurred under the terms of the plan.

Your Rights to Additional Information

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

To obtain a copy of the full annual report, or any part thereof, write or call the plan administrator, at 1650 Corporate Circle, Suite 200, Petaluma, CA 94954 and phone number, 707-781-7625.

You also have the legally protected right to examine the annual report at the main office of the plan: 1650 Corporate Circle, Suite 200, Petaluma, CA 94954, and at the U.S. Department of Labor in Washington, D.C., or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N-1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, N.W., Washington, D.C. 20210.