

# MUTUAL OF OMAHA'S EMPLOYEE ASSISTANCE PROGRAM

## Professional, confidential consultation, 24 hours a day

- Family and personal concerns
- Life transitions
- Work-related issues
- Problem solving
- Positive self-care
- Resources/referral

**1-800-316-2796**

*[mutualofomaha.com/eap](http://mutualofomaha.com/eap)*

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Mutual of Omaha

**MUTUAL OF OMAHA INSURANCE COMPANY**  
**UNITED OF OMAHA LIFE INSURANCE COMPANY**

Mutual of Omaha Insurance Company  
Mutual of Omaha Plaza  
Omaha, NE 68175

*Mutual of Omaha Insurance Company is licensed in all  
50 states. United of Omaha Life Insurance Company is  
not licensed in New York.*

Benefits that **work**<sup>SM</sup>