

Welcome Aboard!

Create your account today and let's get started on working towards a healthier smile!



ACCESS YOUR HDS ONLINE ACCOUNT TO:



Check Claims

View your claims, services used, benefits and eligibility for yourself and your dependents under 18 years of age.



Find A Dentist

Find a participating dentist in your area or anywhere across Hawaii, Guam, Saipan, or the U.S. mainland and Puerto Rico.

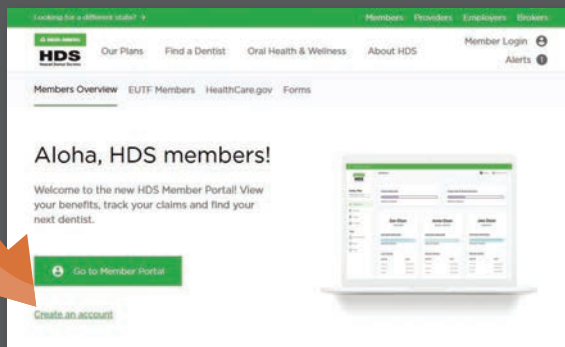


Access Your ID Card

Download and print your HDS membership ID card from your HDS Online account or request to have it mailed to you.

CREATE AN ACCOUNT

Visit HawaiiDentalService.com/members



Click "Create An Account" and follow prompts.

An email will be sent to you with a link. Click on the link to activate your new HDS Online account!

FIND A PARTICIPATING DENTIST

Visit HawaiiDentalService.com



Click "Find A Dentist" in the main menu.

Select the area in which you'd like to search for an HDS participating dentist and follow the prompts.



BRUSH, FLOSS AND SEE AN HDS DENTIST

Find An HDS Participating Dentist

Your HDS dental plan comes with access to the largest network of dentists in Hawaii and the U.S. mainland. Here's how to find an HDS participating dentist or specialist online at HawaiiDentalService.com/FindADentist.

STEP 1



Visit HawaiiDentalService.com/FindADentist and pick a region in which you'd like to find a dentist.



Find a Dentist

HDS has the largest network of dentists with more than 95 percent of Hawaii's licensed, practicing dentists on Oahu and the Neighbor Islands.

Search for an HDS participating dentist below.

 <p>Hawaii, Guam & Saipan</p> <p>Find an HDS participating dentist in Hawaii, Guam or Saipan.</p> <p>Find a Dentist</p>	 <p>U.S. Mainland & Puerto Rico</p> <p>Need a dentist while you're visiting the U.S. Mainland or Puerto Rico? Find a participating dentist in our nationwide network.</p> <p>Search</p>
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STEP 2

Follow the prompts to search for a dentist.
Instructions vary by region.

Hawaii, Guam, and Saipan

If you select **Hawaii, Guam, Saipan**, specify your **Island** and **Neighborhood** OR enter your **ZIP code**. You may also search by **Specialty, First** or **Last Name**.

Click the **See Participating Dentists** button at the bottom of the screen to view results.

Contact an HDS participating dentist to schedule an appointment. Use **Advanced Filters** to narrow results, if needed.

U.S. Mainland & Puerto Rico

If you select **U.S. Mainland & Puerto Rico**, click **Search the National Site**.

Select a **Specialty** or **Any**.

Then select **Delta Dental Premier** in **Your plan** field.

Then select **Yes** in **Search by current location** OR select **No** and enter your **ZIP code**.

Lastly, click **Find Dentists** and contact a dentist to schedule an appointment.


Questions? Contact HDS Customer Service at
(808) 529-9248 or email CS@HawaiiDentalService.com.

NEW HDS BENEFIT

Athletic mouth guards for children

Nearly 60% of children six-years-old or older participate in outdoor sports across the nation. This puts them at risk of an oral injury. One third of all sports injuries are to the face.

An athletic mouth guard is beneficial in reducing the adverse effects of trauma and injury to the teeth during sports. HDS will cover one athletic mouth guard for patients ages 18 and younger. This benefit is allowed every 24 months.



Avoid common oral injuries in contact sports, wear a mouth guard.



Share Aloha, Not Germs

Our island culture teaches us to share, but the sharing of certain things may cause health problems. Care for your little one and limit the spread of germs with these easy oral health tips.

Avoid sharing eating utensils, food and drinks.

Germs can easily transfer from one body to another while sharing eating utensils, food and drinks. Give your keiki his or her own fork and plate at every meal to avoid spreading germs.

Do not share toothbrushes, floss and toothpaste.

Every person in your home should have his or her own toothbrush, floss and toothpaste. Sharing germs directly may come with oral health problems that may affect overall health.

Brush, floss and visit the dentist to stay healthy!

Tooth decay and gingivitis can cause pain and prevent your child from eating nutritious foods. Good oral hygiene and routine dentist visits keep a mouth clean and healthy.

Good oral health leads to good overall health.

Access to HDS Information 24/7

Visit HDS Online at HawaiiDentalService.com to:

Access your online account today!

- Visit HawaiiDentalService.com
- Click “Member Login”
- Under “Create an Account”, click “Register”
- Complete the “Account Registration” form
- Select “Yes” to be notified via e-mail when a claim is processed and “Yes” to “Request electronic Explanation of Benefits”
- Click “Register”

CHECK

- Whether you and/or your dependents are eligible for HDS benefits
- What dental services are covered by your plan
- What the limits are of each type of covered service and how much you have used

SEARCH

- For an HDS participating dentist in Hawaii, Guam or Saipan by specialty, location, handicap accessibility, weekend hours, and more
- For a Delta Dental Premier participating dentist on the Mainland or Puerto Rico by specialty, location, weekend hours and more

VIEW

- Your Explanation of Benefits (EOB) statements
- A list of frequently asked questions
- HDS contact information

DOWNLOAD & PRINT

- A summary of your benefits for tax purposes
- Blank claim forms
- Your HDS membership card
- Your EOB statements
- HDS Notice of Privacy Practices

REQUEST

- To receive emails when your claims are processed
- To receive EOB statements via email
- An HDS membership card to be mailed to you

How to Contact HDS

Customer Service Representatives

From Oahu: 529-9248

Toll-free: 1-844-379-4325

Customer Service Call Center Hours:

Monday – Friday: 7:30 AM – 4:30 PM HST
Excluding State observed holidays and the day after Thanksgiving

Walk-in Office Hours:

Monday – Friday: 8:00 AM – 4:30 PM HST

Send Written Correspondence to:

Hawaii Dental Service
Attn: Customer Service
700 Bishop Street, Suite 700
Honolulu, HI 96813-4196

E-mail: CS@HawaiiDentalService.com

FAX:

From Oahu: 529-9366
Toll-free fax: 1-866-590-7988