

Filice Employees, Partners and Family Members

Monthly Unlimited - \$105 (Save \$20/Month off Retail Price) All YogaWorks Studio Access -\$115/Month (Save \$20/Month off Retail Price) National YogaWorks & Yoga Tree Studio Access - \$135/Month (Save \$20/Month off Retail Price) Myyogaworks.com Online Yoga Classes - \$5/Month with Membership, \$15/Month without Membership

YogaWorks Studios: Larkspur Landing, Mill Valley, Novato, San Francisco, Palo Alto, Walnut Creek Yoga Tree Studios: Telegraph Berkeley, Valencia SF, Potrero Hill SF, Castro SF, Hayes SF, Stanyan SF, 6th Ave SF

Did you know that yoga can:



reduce stress



increase flexibility



improve physical & mental health



YogaWorks has classes:

- For students of all levels from Beginner to Advanced
- In a variety of class styles from Athletic to Relaxed and Energizing to Therapuetic
- Innovative mindful fitness classes such as BarWorks, SculptWorks, Pilates Mat & TRX to compliment your current fitness regime & round out your yoga practice

Stop by YogaWorks Today or call and make an appointment with a Yoga Advisor who can get you started with a FREE class

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