



Chiropractic & Acupuncture Benefit:

Employer Sponsored Contributory Plan:

- **\$10 copay** per office visit
- **30 annual visits**

- **Herbal Benefit Rider** (Prescribed/filled by Acupuncturist)
 - **\$5 copay per bottle**
 - **\$500 annual maximum**

Group Name: LifeLong Medical Care

Group Number: LH1303E*000

Customer Service is available to members who need assistance:

Landmark Healthplan

Hours: 8:30 AM – 5:00 PM, Monday through Friday

Phone: 800 298-4875, option 2

Fax: 800 547-9784

- Access/claim issues
- Benefit/eligibility inquiries
- Practitioner directories

Landmark Healthplan Website: www.LHP-CA.com

- Practitioner directories
- Nominate a practitioner