The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.welcometouhc.com/uhcwest or by calling 1-800-624-8822. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">www.healthcare.gov/sbc-glossary</a>/ or call 1-800-624-8822 to request a copy.

Coverage Period: 01/01/2023 - 12/31/2023

Coverage for: Individual + Family | Plan Type: HMO

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$2,400/individual or \$4,800/family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Preventive care, primary care, specialist visits, testing and tier 1 drugs are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.  But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	Yes. Prescription drugs – \$400 individual / \$800 family – applies to Tiers 2 through 4 drugs. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For participating providers \$9,100 individual / \$18,200 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Copayments for certain services, premiums, balance-billing charges, optional addenda, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.welcometouhc.com/uhcwest or call 1-800-624-8822 for a list of participating providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use a <u>non-participating provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (balance billing). Be aware, your <u>participating provider</u> might use a <u>non-participating provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes, written or oral approval is required, based upon medical policies.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

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Common	Services You May Need	What You Participating Provider	Will Pay  Non-Participating Provider	Limitations, Exceptions, & Other
Medical Event	ocivices roa may need	(You will pay the least)	(You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	\$60 copay / office visit and No charge / Virtual visits by a designated virtual participating provider; deductible does not apply	Not covered	If you receive services in addition to office visit, additional copayments, deductibles or coinsurance may apply.
If you visit a health care provider's office or clinic	Specialist visit	\$95 <u>copay</u> / visit; <u>deductible</u> does not apply	Not covered	Member is required to obtain a referral to specialist or other licensed health care practitioner, except for OB/GYN Physician services, reproductive health care services within the Participating Medical Group and Emergency / Urgently needed services. If you receive services in addition to office visit, additional copayments, deductibles or coinsurance may apply.
	Preventive care/screening/immunization	No charge; deductible does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	Lab \$45 <u>copay</u> / test Radiology (Standard) \$45 <u>copay</u> / test; <u>deductible</u> does not apply	Not covered	None
	Imaging (CT/PET scans, MRIs)	\$400 <u>copay</u> / test; <u>deductible</u> does not apply	Not covered	

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Important Information	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.welcometouhc.com/uhcwest.	Tier 1	\$20 <u>copay</u> / prescription retail \$40 <u>copay</u> / prescription mail order \$20 <u>copay</u> / <u>specialty drugs</u> ; <u>deductible</u> does not apply	Not covered	Participating Provider means pharmacy for purposes of this section. Retail: Up to a 31 day supply. Mail-Order: Up to a 90 day supply. You may need to obtain certain drugs, including certain specialty drugs,	
	Tier 2	\$80 <u>copay</u> / prescription retail \$160 <u>copay</u> / prescription mail order \$150 <u>copay</u> / <u>specialty drugs</u>	Not covered	from a pharmacy designated by us. When applicable: Mail-Order Specialty drugs Up to a 31 day supply. All limits are unless adjusted based on the drug manufacturer's packaging size, or based on supply limits. Copayment Maximum of \$250 ("Cap") for up to a 31 day supply of an orally administered anticancer medication for a plan design not defined as a High Deductible Health Plan regardless of any Deductible. You may be required to use a lower-cost drug(s) prior to benefits under your policy being available for certain prescribed drugs. See the website listed for information on drugs covered by your plan.	
	Tier 3	\$125 <u>copay</u> / prescription retail \$250 <u>copay</u> / prescription mail order \$250 <u>copay</u> / <u>specialty drugs</u>	Not covered		
	Tier 4	25% coinsurance / prescription retail up to a \$250 copay max per prescription 25% coinsurance / prescription mail order up to a \$500 copay max per prescription 25% coinsurance / specialty drugs up to a \$250 copay max per prescription	Not covered		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	40% coinsurance	Not covered	None	
surgery	Physician/surgeon fees	40% coinsurance; deductible does not apply	Not covered	None	
If you need immediate	Emergency room care Emergency medical transportation	40% coinsurance \$100 copay / trip; deductible does not apply	40% coinsurance \$100 copay / trip; deductible does not apply	None	
medical attention	Urgent care	\$60 <u>copay</u> / visit; <u>deductible</u> does not apply	\$125 copay / visit; deductible does not apply	If you receive services in addition to urgent care, additional copayments, deductibles or coinsurance may apply.	
If you have a hospital stay	Facility fee (e.g., hospital room)	40% coinsurance	Not covered	None	
	Physician/surgeon fees	40% coinsurance; deductible does not apply	Not covered	None	

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Important Information
If you need mental health, behavioral health, or substance	Outpatient services	\$60 copay / office visit and No charge for all other outpatient services; deductible does not apply	Not covered	None
abuse services	Inpatient services	40% coinsurance	Not covered	
	Office visits	No charge; deductible does not apply	Not covered	Cost sharing does not apply to certain preventive services. Routine pre-natal care and first postnatal visit is covered at No
If you are pregnant	Childbirth/delivery professional services	No charge; deductible does not apply	Not covered	charge. Depending on the type of services, additional copayments, deductibles or
	Childbirth/delivery facility services	40% coinsurance	Not covered	coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Home health care	\$60 <u>copay</u> / visit; <u>deductible</u> does not apply	Not covered	Limited to 100 visits per year. Limit does not apply to home health visits for rehabilitation and habilitation purposes.
If you need help recovering or have other special health	Rehabilitation services	\$60 <u>copay</u> / visit; <u>deductible</u> does not apply	Not covered	None
	Habilitative services	\$60 <u>copay</u> / visit; <u>deductible</u> does not apply	Not covered	None
needs	Skilled nursing care	40% coinsurance	Not covered	Up to 100 days per benefit period.
	Durable medical equipment	\$70 <u>copay</u> / item; <u>deductible</u> does not apply	Not covered	None
	Hospice services	No charge; deductible does not apply	Not covered	If inpatient admission, subject to inpatient copayments, deductibles or coinsurance.
If your child needs dental or eye care	Children's eye exam	No charge; deductible does not apply	Not covered	1 exam per year.
	Children's glasses	40% <u>coinsurance</u> ; <u>deductible</u> does not apply	Not covered	One pair every 12 months.
	Children's dental check-up	No charge; deductible does not apply	Not covered	Cleanings covered 2 times per 12 months. Additional limitations may apply.

# **Excluded services & Other Covered Services:**

Bariatric surgery

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)			
Cosmetic surgery	<ul> <li>Long-term care</li> </ul>	<ul> <li>Routine foot care</li> </ul>	
Dental care (Adult)	<ul> <li>Non-emergency care when traveling</li> </ul>	outside the U.S.   Weight loss programs	
Infertility treatment	<ul> <li>Private-duty nursing</li> </ul>		
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)			
Acupuncture	<ul> <li>Chiropractic care</li> </ul>	Routine eye care (Adult)	
Rariatric curgony	<ul> <li>Hooring side</li> </ul>	• Noutine eye care (Adult)	

Hearing aids

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies are: Department of Managed Health Care California Help Center, 980 9th Street Suite #500, Sacramento, CA 95814-4275 at 1-888-466-2219 or <a href="http://www.dol.gov/ebsa/healthreform">www.dmhc.ca.gov</a>., or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="http://www.dol.gov/ebsa/healthreform">http://www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.dol.gov/ebsa/healthreform">Health insurance</a> <a href="https://www.dol.gov/ebsa/healthreform">Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>. visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: your human resource department, and the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol.gov/ebsa/healthreform

Additionally, a consumer assistance program may help you file your <u>appeal</u>. Contact Department of Managed Health Care California Help Center, 980 9th Street Suite #500, Sacramento, CA 95814-4275 at 1-888-466-2219 or <u>www.dmhc.ca.gov</u>

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-624-8822.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-624-8822.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-800-624-8822.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-624-8822.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

\$5,600

# Peg is Having a Baby

(9 months of provider pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,40
■ Specialist copayment	\$9
■ Hospital (facility) coinsurance	40%
■ Other <u>coinsurance</u>	40%

This EXAMPLE event includes services like:

Specialist office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

# Managing Joe's Type 2 Diabetes

(a year of routine participating provider care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,400
■ Specialist copayment	\$95
■ Hospital (facility) coinsurance	40%
■ Other <u>coinsurance</u>	40%

#### This EXAMPLE event includes services like:

Primary care physician office visit (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

## **Mia's Simple Fracture**

(participating provider emergency room visit and follow up care)

■ The plan's overall deductible	\$2,400
■ Specialist copayment	\$95
■ Hospital (facility) coinsurance	40%
■ Other coinsurance	40%

#### This EXAMPLE event includes services like:

**Emergency room care** (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

<b>Total Example Cost</b>	\$12,700
-	

In this example, Peg would pay:			
Cost Sharing			
Deductibles*	\$2,400		
Copayments	\$100		
Coinsurance	\$2,400		
What isn't covered			
Limits or exclusions \$			
The total Peg would pay is	\$4,960		

# In this example, Joe would nave

**Total Example Cost** 

in this example, occ would pay.	in this example, ooc would pay:			
Cost Sharing				
Deductibles*	\$400			
Copayments	\$2,000			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$0			
The total Joe would pay is	\$2,400			

#### **Total Example Cost** \$2.800

In this example Mia would nave

in this example, into would pay.		
Cost Sharing		
<u>Deductibles</u> *	\$0	
Copayments	\$500	
Coinsurance	\$500	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,000	

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 1-800-624-8822. \*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.