# Long Term Disability Notice of Claim Package



# Employer notice of claim - Instructions

At approximately 45 days before end of benefit waiting period:

A. Complete the Employer's Statement in full.

Include:

- Job description (detailed duties, including physical requirements)
- Documentation of earnings in accordance with your plan description
- Workers' Compensation information (copy of first report of accident and the decision if any has been determined at this time)

### B. Give forms to claimant for completion. These forms should be forwarded to the address shown below.

- All portions of this form package must be completed to avoid undue delay in processing claimant's request for benefits.
- Any questions about these claim filing procedures should be referred to:

Anthem Blue Cross Life and Health Insurance Company Disability Claims Service Center P.O. Box 105426 Atlanta, GA 30348-5426

Phone: 1-800-232-0113 Fax: 1-800-850-0017 Email: lifeanddisabilityclaims@anthem.com

Si usted necesita ayuda en Español para entender este documento, puede solicitarlo sin ningun costo adicional llamando al número de servicio al cliente que se encuentra en este documento. Life and Disability products underwritten by Anthem Blue Cross Life and Health Insurance Company, an independent licensee of the Blue Cross Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

# Long Term Disability Claim Form Employer Statement



## Section 1: Employee information

Employee last name	First name	M.I. Social Security no.					Birthdate (MM/DD/YYYY)			
Street address			City State ZIP code					ZIP code		
Policy no.		Clas	S				Phone no.			
Section 2: Employment										
	fective date of LTD coverage			vee last work		No. day	chedule at tir 's per week: _ ırs per day: _	ne last worked		
Occupation at time last worked – Attach job d	escription. Reason for leaving work:				LOA 🗆 Laid off					
Has employee returned to work? 🗌 Yes 🗌	No If yes: 🗌 Part-time - date:				Full-time - date:			(MM/DD/YY)		
Section 3: Income										
How is employee paid? 🗆 Straight salary 🗆	] Salary and commission $\square$ Commission	ns onl	y □Sa	alary and bor	ius 🗆 Hourly					
Employee's basic monthly earnings: \$	LTD benefit:		If s	alary is base	ed on less than 12	months,	no. of month	IS:		
Employee's percentage of LTD premium contri	bution: Employee pays:%	Pre-t	ax 🗆 F	Post-tax	Employer pays: _	%	, 0			
Section 4: Other benefits										
Has insured received other disability payment Salary Continuance: Yes No If ye Short Term Disability: Yes No If ye Other type:	es, weekly amount: \$ es, weekly amount: \$	_ D	)ate ben	efits cease:			(M	M/DD/YYYY)		
Did claim result from job activity? 🗆 Yes 🗆	] No If yes, explain:									
Has Workers' Compensation claim been filed?	Yes No Pending Denie	d (en	close co	ру)						
Workers' Compensation weekly amount: \$	Include a copy of fir	rst rep	port of a	ccident.						
Section 5: Retirement										
Is employee covered by a sponsored retireme	nt plan? 🗆 Yes 🗆 No	Does	s the ret	irement plan	contain a disabili	ty provis	ion? 🗆 Yes	□ No		
Is employee or will this employee be eligible for If yes, type: Disability Retirement		□ Yes □ No Monthly amount Date benefits commence \$								
Note: If any portion of this pension benefit is attrib	utable to the employee's contribution, please	e provi	ide detai	s including the	e percentage of his/	her contri	ibution to the	total contribution.		
Section 6: Certification										
Employer name				Employer phone no.			Certificate no.			
Employer street address					State ZIP cod			ZIP code		
Printed name of authorized company represe	ntative	I		Title			1			
Signature of authorized representative X							Date (MM/I	DD/YYYY)		

Separate and send this form (with other enclosures) to the address shown on the front page. Give the remaining forms to the claimant.

#### Notice to customers regarding telephone service observance

To ensure our customers receive quality service, we randomly select phone calls for monitoring. These calls, between our customers and employees, are evaluated by supervisors. This is to guarantee that prompt, consistent assistance, and accurate information is delivered in a professional manner. We have been properly licensed by the Georgia Public Service Commission to use such observing equipment.

# The laws of some states require us to provide you with the following information

# Anthem.

**Alaska**: A person who knowingly and with intent to injure, defraud, or deceive an insurance company files a claim containing false, incomplete, or misleading information may be prosecuted under state law.

**Arizona**: For your protection Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

Arkansas, Louisiana, and West Virginia: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

**California**: For your protection California law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

**Colorado**: It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado division of insurance within the department of regulatory agencies.

**Delaware** and Idaho: Any person who knowingly, and with intent to injure, defraud or deceive any insurer, files a statement of claim containing any false, incomplete or misleading information is guilty of a felony.

**District of Columbia**: WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits, if false information materially related to a claim was provided by the applicant.

Florida: Any person who knowingly, and with intent to injure, defraud or deceive any insurer, files a statement of claim containing any false, incomplete or misleading information is guilty of a felony of the third degree.

Indiana: A person who knowingly and with intent to defraud an insurer files a statement of claim containing false, incomplete, or misleading information commits a felony.

Kansas: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance may be guilty of insurance fraud as determined by a court of law and may be subject to fines and confinement in prison.

**Kentucky**: Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime. Maine, Tennessee, Virginia, and Washington: It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties may include imprisonment, fines or denial of insurance benefits.

**Minnesota**: A person who files a claim with intent to defraud or helps to commit a fraud against an insurer is guilty of a crime.

**New Hampshire:** Any person who, with a purpose to injure, defraud, or deceive any insurance company, files a statement of claim containing any false, incomplete or misleading information is subject to prosecution and punishment for insurance fraud, as provided in N.H. Rev. Stat. Ann. §638:20.

**New Jersey**: A person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

**New Mexico:** A person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to civil fines and criminal penalties.

**New York**: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact materials thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each violation.

**Ohio**: Any person who, with intent to defraud or knowing that he is facilitating a fraud against an insurer, submits and application or files a claim containing a false or deceptive statement is guilty of insurance fraud.

**Oklahoma**: WARNING: Any person who knowingly, and with intent to injure, defraud, or deceive any insurer, makes any claim for the proceeds of an insurance policy containing any false, incomplete or misleading information is guilty of a felony.

**Pennsylvania**: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

**Texas:** Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

# Long Term Disability Claim Form Employee Statement



# Section 1: Employee information

Employee last name First name				M.I.	Social S	Social Security no.				Birthdate (MM/DD/YYYY)							
Street addr	ess			City				State	ZIP	code		Phone no.			Sex	- <b>D</b> E-	
																e 🗆 Fei	male
Height	Weight	Marital status: 🔲 S	ingle 🗌	Married	Spouse	e first nar	ne			Spou	se Birt	hdate		ls sp	ouse e	mployed	?
		□ V	Vidowed 🗆	Divorced										ΠY	es 🗆	No	
List unmarı	ried children	who have not yet fi	nished high s	school.													
Name			Birthda	ate (MM/I	DD/YYYY)	Na	me						Birthda	te (N	IM/DD	/YYYY)	
Employer na	ime				Level of edu	ucation (j	please ch	eck prop	er bo	) (xc							
					Grade school	/High scho	iol:				De	gree earned					
Group policy	/ NO.				1 2 3	4 5	6 7 8	3 9 10	11	12		College: Graduate:					

# Section 2: Employment

Occupation – List the duties of your occupation at the time of disability.						
Date of accident or date first noticed symptoms of illness (MM/DD/YYYY)	I have been unable to work because of the disability since (MM/DD/YYYY)					
I returned to work on a part-time basis on (MM/DD/YYYY)	I returned to work on a full-time basis on (MM/DD/YYYY)					
Is your accident or illness related to your occupation? 🗆 Yes 🗀 No 🛛 If yes, explain:						
Have you, or do you intend to file a Workers' Compensation claim? $\Box$ Yes $\Box$ No						

# Section 3: Claims history

Describe how and where accident occurred or describe the onset and nature of your illness: 🗆 Auto 🖾 Work 🖾 Home 🖾 Other:								
Date you were first treated for this illness or injury: (MM/DD/YYYY)								
	Hospital name							
Treated	Street address	City	State	ZIP code				
by	Doctor name							
	Street address	City	State	ZIP code				
e you ever ha	ad the same or similar condition in the past? $\Box$ Yes $\Box$ No $$ If yes, o	complete the following.		L				
	Hospital name							
Treated	Street address	City	State	ZIP code				
by	Doctor name							
	Street address	City	State	ZIP code				
	e you were fi Treated by re you ever ha	e you were first treated for this illness or injury: Hospital name Street address Doctor name Street address re you ever had the same or similar condition in the past? Yes No If yes, Hospital name Street address Street address Street address Doctor name	e you were first treated for this illness or injury: (MM/DD/YYYY)    Hospital name   Street address   Doctor name   Street address   City   re you ever had the same or similar condition in the past?YesNo _ If yes, complete the following.   Hospital name   Street address   City   Street address   City   Doctor name   Street address   City	e you were first treated for this illness or injury: (MM/DD/YYYY)           Hospital name         City         State           Street address         City         State           Doctor name         City         State           Street address         City         State           Pe you ever hat the same or similar condition in the past? □ Yes □ No □ If yes, complete the following.         State           Preated by         Street address         City         State				

# Long Term Disability Claim Form Employee Statement (continued)

## Section 4: Income

Yes	No		Amount	Date began (MM/DD/YYYY)	Date terminated (MM/DD/YYYY)
		Social Security (disability or retirement)	\$		
		State disability	\$		
		Retirement (normal, early or disability)	\$		
		Workers' Compensation	\$		
		Group disability benefits	\$		
		Other (describe):	\$		

## Section 5: Benefits

Have you, or do you plan to apply for any benefits described above? $\Box$ Yes $\Box$ No $$ If yes, complete the following.					
Туре	Date application filed (MM/DD/YYYY)				
If your request for benefits is approved do you want us to withhold amounts from each benefit check for federal income tax If yes, what amount? (Indicate amount per month, \$88.00 minimum.) \$	purposes? 🗆 Yes 🗆 No				
If your request for benefits is approved do you want us to withhold amount from each benefit check for state tax purposes? 🗌 Yes 🗌 No If yes, what amount? (Indicate amount per month, \$88.00 minimum.) \$					

### Section 6: Signature

The above statements are true and complete to the best of my knowledge and belief.				
Employee signature	Date (M	M/DD/YY	YYY)	
X				

Any person who knowingly and with intent to defraud or deceive any insurance company files a statement of claim containing any false or misleading information may be subject to criminal penalties.

# Long Term Disability Employee Authorization for Release of Information

# Anthem 💀

Authorization to be completed by claimant.

# Authorization for Release of Information (HIPAA compliant)

I authorize any licensed physician, any other medical practitioner or provider, pharmacist, pharmacy benefit manager, hospital, clinic, other medical or medically related facility, federal, state or local government agency, insurance or reinsuring company, consumer reporting agency or employer having information available as to diagnosis, treatment and prognosis with respect to any physical or mental condition and/or treatment of me, and any non-medical information about me, including information contained within Anthem or Anthem medical affiliates, to give any and all such information to authorized representatives of Anthem Blue Cross Life and Health Insurance Company (Anthem Life) and including, but not limited to any other mental or psychiatric records, medical, dental and hospital records (including psychiatric, alcohol, and drug abuse, and HIV/AIDS information) which may have been acquired in the course of examination or treatment. I understand that the information obtained by use of this authorization will be used by Anthem Life representatives to evaluate and adjudicate my current disability claim, and may be re-disclosed to (a) any medical, investigative, financial or vocational specialist or entity, or (b) any other organization or person, employed by or representing Anthem Life solely to assist with the evaluation and adjudication of my current disability claim. Each such person or entity to whom this re-disclosure is made shall comply with the HIPAA Privacy Rule as regards any re-disclosed protected health information.

This authorization is valid during the pendency of my claim and shall expire on the date my claim finally ends. A photocopy of this authorization is as valid as the original. I understand that my authorized representative or I have the right to request and receive a copy of this authorization and the information to which it pertains.

I understand that I have the right to revoke this authorization by notifying Anthem Life in writing, of my revocation. However, such revocation is not effective to the extent that Anthem Life have relied previously upon this authorization for the use or disclosure of my protected health information. In addition, I understand that my revocation of, or my failure to sign this authorization may impair Anthem Life's ability to evaluate my current disability claim and as a result may be a basis for denying that current disability claim for benefits. Health information obtained will not be re-disclosed without my authorization unless permitted by law, in which case it may not be protected under federal privacy rules.

If you reside in California, Connecticut or North Dakota: This authorization excludes the release of information about Human Immunodeficiency Virus (HIV).

If you reside in Minnesota: This authorization excludes the release of information about HIV (AIDS VIRUS) tests.

If you reside in Maine: This authorization excludes disclosure of the result of a test for HIV if the applicant has tested positive but has not developed symptoms of the disease AIDS. Such test results shall not be discovered or published. Nothing in this caveat will prohibit this authorization from including the fact that the applicant has AIDS.

If you reside in Vermont: This authorization EXCLUDES the release of any information about previously administered HIV-related tests, including but not limited to tests for HIV antibodies, T-Cell counts, AIDS or ARC. The proposed insured is NOT AUTHORIZING ANTHEM LIFE to forward the results from any new test, requested by us, to any outside, non-affiliated company or entity not under specific contract with us to perform underwriting services, and ANTHEM LIFE shall comply, as applicable with the provisions of Title 8, Section 4724 (20) of the Vermont Statutes.

## Signature — To be signed and dated by the insured/claimant.

Claimant printed name		Birthdate (MM/DD/YYYY)
Claimant signature		Date (MM/DD/YYYY)
X		
Relationship of authorized person	Description of personal representative's authority, if applicable. If signed by authorized representation	ve, attach verification of identity.

#### Send completed form to:

Anthem Blue Cross Life and Health Insurance Company Disability Claim Service Center - LTD Unit P.O. Box 105426 Atlanta, GA 30348-5426 For customer service:

Call: 1-800-232-0113 Fax: 1-800-850-0017

# Long Term Disability Claim Form Attending Physician's Statement



### Section 1: History

Patient last name	First name		M.I.	Birthdate (MM/DD/YYYY)			
Date symptoms first appeared or accident happened	Date patient ceased work because of disabil	ity					
(MM/DD/YYYY)	(MM/DD/YYYY)						
Has patient ever had same or similar condition?							
Is condition due to injury or sickness arising out of patient's employment? 🗆 Yes 🗆 No 🗀 Unknown							
Names and addresses of other treating physicians							

#### Section 2: Diagnosis - If disabling condition is due to a mental or nervous disorder, the attached Functional Capabilities Evaluation and Mental Status Questionnaire sections must also be completed.

Diagnosis (including complications)	Subjective symptoms	If pregnancy, estimated date of delivery					
Objective findings (including current X-rays, EKGs, laboratory data and any clinical findings)							

#### Section 3: Treatment

Date of first visit (MM/DD/YYYY)	Date of last visit (MM/DD/YYYY)	Frequency Weekly Monthly Other:					
Nature of treatment (Including surgery and medications prescribed, if any)							

## Section 4: Progress

	Is patient?						
Is patient mentally competent to endorse checks and direct proceeds thereof? $\Box$ Yes $\Box$ No							
Has patient been hospital confined? 🗆 Yes 🗆 No 🛛 If yes, complete the following.							
Hospital name		Confined from (MM/DD/YYYY)	Through (M	M/DD/YYYY)			
Hospital street address	City		State	ZIP code			

### Section 5: Cardiac

Functional capacity (American Heart Association)	Blood pressure last visit:	/
□ Class 1 (no limitations) □ Class 2 (slight limitations) □ Class 3 (marked limitations) □ Class 4 (complete limitations)		(systolic/diastolic

#### Section 6: Impairments

Physical impairments
Class 1 - No limitations of functional capacity; capable of heavy work* no restrictions (0-10%)
Class 2 - Medium manual activity* (15-30%)

Class 3 - Slight limitation of functional capacity; capable of light work\* (35-55%) Class 4 - Moderate limitation of functional capacity; capable of clerical/administrative (sedentary\*) activity (60-70%)

Class 5 - Severe limitation of functional capacity; incapable of minimum (sedentary\*) activity (75-100%)

Remarks:

# Long Term Disability Claim Form Attending Physician's Statement (continued)

#### Section 6: Impairments (continued)

Mental impairments (if any):

- a. Please define "stress" as it applies to this claimant and in light of his/her job requirements.
- b. What stress and problems in interpersonal relations has claimant had on job?
- Class 1 Patient is able to function under stress and engage in interpersonal relations (no limitations)
- Class 2 Patient is able to function in most stress situations and engage in most interpersonal relations (slight limitations)
- Class 3 Patient is able to engage in only limited stress situations and engage in only limited interpersonal relations (moderate limitations)
   Class 4 Patient is unable to engage in stress situations or engage in interpersonal relations (marked limitations)
   Class 5 Patient has significant loss of psychological, physiological personal and social adjustment (severe limitations)

### Section 7: Rehab

Is patient a suitable candidate for occupational rehabilitation? 🗌 1 month 🔲 1-3 months 🗔 3-6 months 🗔 Never		
When could trial employment commence?		
Patient's own job: (MM/DD/YYYY) 🛛 Full-time 🖓 Part-time		
Any other work:		

## Section 8: Any additional remarks

Limitations, therapy, etc.	

#### Section 9: Physician information

Printed attending physician name	Degree	Phone no.	
Street address	City	State	ZIP code
Signature of attending physician X		Date (MM/D	D/YYYY)



# Needs to be completed only if condition is due to mental or nervous disorder.

## Section 1: Patient information

Patient last name		First name		M.I.	Birthdate (MM/DD/YYYY)
Date treatment began (MM/DD/YYYY)	Frequency		Nature of treatment		
Diagnosis (Use DSM IV Multi-axial evaluation nomenclature and code numbers)					
-					

## Section 2: Please respond to all items. Use additional pages as necessary.

State patient's initial reason for seeking treatment.	
Describe patient's current condition and mental status.	
Medications: Please list current medications, dosage and dates begun.	
Please summarize current treatment goals.	
Comments	
Signature of physician X	Date (MM/DD/YYYY)

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