

Which medical expenses can be paid for with my HSA funds?

IRS regulations require that you keep all receipts and any documentation for eligible medical expenses with your personal tax records. The following is a partial list of eligible, potentially eligible, and ineligible medical expenses. If you have any questions about an item's eligibility please contact TAG participant support at (877)506-1660 or support@enrollwithtag.com.

Eligible Medical Expenses

Abdominal supports	Drug addiction/substance abuse treatment	Over-the-Counter Drugs & Medicines (pain relievers, cough suppressants, antihistamines, etc.)
Abortion	Embryo, egg and sperm storage fees	Physical exams (routine, medical, well-child)
Acupuncture	Eye exams	Physical therapy
Alcoholism treatment	Eye surgery (laser or radial keratotomy)	Prenatal/postnatal exams
Allergy shots	Eyeglasses – prescription sunglasses/safety glasses	Prescription drugs that are not cosmetic (prescription drugs imported from other countries are not covered)
Ambulance	Eyeglasses – reading	Preventive care screenings (e.g., mammogram, colonoscopy)
Arch supports	Fertility treatments (e.g., artificial insemination, egg donor fees, in vitro)	Prosthesis
Artificial limbs	First aid kits	Psychiatric care
Asthma treatments/nebulizer	Flu shots	Shipping and handling fees for eligible expenses
Band-Aids/gauze	Fluoride treatment at a dental office	Sleep study
Bariatric surgery	Gambling addiction treatment Group therapy (for patient)	Smoking cessation medications/programs
Blood pressure monitoring devices	Hearing tests and aids	Speech therapy
Body scans (e.g., MRI, CAT Scan)	Home health care	Sublingual antigen (allergy drops)
Brace (e.g., knee, back, wrist)	Immunizations	Taxes paid for eligible expenses
Breast pumps & supplies for pump only	Individual counseling (must be to alleviate or prevent a defect or illness)	Transportation expenses relative to health care
Childbirth/Lamaze classes (related to birth)	Lab tests	Tubal ligation/tubal ligation reversal
Chiropractic treatments (e.g., adjustments)	Long Term Care Premiums Mastectomy-related special bras	Vaccinations
Circumcision	Medical records charges	Varicose veins, treatment of
Coinsurance (health, dental or vision)	Mental health treatment facility	Vasectomy/vasectomy reversal
Contact lenses (corrective)	Nutritional consultation	Walkers/canes (purchase or rental)
Convalescent home (for medical treatment only)	Occlusal guards to prevent teeth grinding	Wheelchair (purchase or rental)
Copayments (health, dental or vision)	Oral surgery	X-rays
C-PAP machine and supplies	Organ transplant (including donor's expenses)	
Crutches (purchase or rental)	Orthodontics	
Deductibles (health, dental or vision)	Orthopedic inserts	
Dental procedures, non-cosmetic (e.g., X-rays, fillings, extractions, crowns, implants)	Orthotics (custom and non-custom)	
Dentures	Oxygen and oxygen equipment	
Diabetic supplies (e.g., insulin, syringe, monitor, insulin pump)		

These lists are intended to serve as a quick reference and are provided with the understanding that TAG is not engaged in rendering tax advice. For more detailed information, please refer to IRS Publication 502, "Medical and Dental Expenses." Publications can be ordered from the IRS by calling 1-800-TAX-FORM (1-800-829-3676). If tax advice is required, seek the services of a tax professional.

Potentially Eligible Expenses (IRS requires a Letter of Medical Necessity from your health care provider to keep with your personal tax records)

Air conditioner (capital expense)	Genetic testing	Medical conference admission and transportation
Air purifier (potential capital expense)	Group therapy for a family member	Mentally handicapped home
Athletic club membership	Guide dog/service animal (purchase, care for, training)	Orthopedic shoes
Automobile modifications (capital expense)	Herbal treatments	Personal trainer fees
Behavioral modification programs	Holistic or natural healers consult	Prescription drugs that also have a cosmetic purpose (e.g., Retin-A, Rogaine, Botox, Propecia, Phentermine)
Breast reconstructive surgery	Home improvements (e.g., exit ramps, widening doorways) (capital expense)	Special education costs for dependents with disabilities
Breast reduction surgery that is medically necessary	Hormone replacement therapy (HRT)	Stem cell, harvesting and/or storage of Umbilical cord, freezing and storing of
Cosmetic surgery (for repair or reconstruction after accident or surgery or for correction of birth defect)	Household products/improvements to treat allergies	Telephone/television equipment for hearing- impaired persons
DNA collection and storage	Lactation consultant	Weight loss program (if prescribed by a physician for a specific medical condition excludes food)
Dyslexia testing and instruction	Lead-based paint removal	Wigs
Elevator (capital expense)	Learning disability treatment	
Exercise equipment or programs	Lodging (away from home for outpatient care - special rules may apply)	
Fluoridation device	Manual therapy	
Food thickeners	Massage therapy	

Ineligible Medical Expenses

Birthing tubs	Illegal operations and treatments	Prepayments
Bottled water	Illegally obtained drugs	Prescription drug discount program fees
Braille books/magazines	Late fees (e.g., for late payment of bills for medical services)	Prescription drugs and medicines imported from other countries
Cleaning service	Lodging while attending a medical conference	Special foods/beverage (e.g. protein bars/shakes)
Cosmetic surgery and procedures	Marijuana or other controlled substances in violation of federal law	Sports training and activities
Cosmetics, hygiene products	Marriage counseling Maternity clothes	Surrogate expenses
Dancing lessons	Meals	Swimming lessons
Diapers or diaper service	Medical newsletter	Swimming pool and maintenance
Diet foods	Missed appointment fees	Tanning salons and equipment
Ear or body piercing	Mouthwash	Teeth whitening
Electrolysis or hair removal	New parent/newborn child care classes	Transportation costs of disabled individual commuting to and from work
Feminine hygiene products	Non-prescription eyeglasses, sunglasses, safety glasses or contacts	Travel for general health improvement
Funeral, cremation or burial expenses		Veneers
Hair colorants		
Hair transplants		
Household help		

Eligible Medical Expenses

Medical expenses that can be reimbursed through your HSA include services and supplies incurred by you or your eligible dependents for the diagnosis, treatment or prevention of disease or for the amounts you pay for transportation to get medical care. In general, deductions allowed for medical expenses on your federal income tax according to Internal Revenue Code Section 213(d) may be reimbursed through your HSA. You cannot deduct medical expenses on your federal income tax that have been reimbursed through your HSA. It is possible that changes in the IRS rules can affect the eligible, potentially eligible, and/or ineligible expense categories. Certain health insurance premiums are eligible to be paid out of your HSA. Qualified premiums include: COBRA health insurance, insurance premiums after you reach age 65 (including Medicare Parts A, B, C and D but not Medicare supplement plans), qualified long-term care insurance, health insurance premiums while receiving unemployment compensation under state or federal law and premiums for employer-sponsored retiree medical plans for account holders 65 and older.