

2025 Employee Benefits Review

# Welcome,

DOMINICAN  
UNIVERSITY  
of CALIFORNIA



# What is Open Enrollment?

The once-a-year opportunity to change your health insurance elections in [Paycom](#):

- Confirm all 2025 benefits
- Change plans
- Add or drop coverage for yourself
- Add or drop coverage for your dependents
- Open Enrollment runs from:  
**Monday April 21<sup>st</sup> - Tuesday May 6<sup>th</sup>**



## When else can I make changes?

The only time you can change plans outside Open Enrollment is if you experience a Qualified Life Event (defined by the IRS):

- Birth or adoption
- Marriage or divorce
- Gain/Loss of other group coverage

Employees have 31 days from the date of Qualified Life Event to notify Human Resources and submit your plan change

What's new?

# 2025 Announcements

1. No Major Plan Changes! HMO, PPO & HSA
- 



2. No Changes to Guardian or MoO Plans!
- 



3. Union Negotiations on Contributions are Ongoing through Collective Bargaining.
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4. DUC will continue to be supported by Acrisure, and employees can reach out anytime for assistance.



# Let's review at your Kaiser **2025 Medical plans**



Meet Your Plans

# Medical Plans: Kaiser



## Traditional HMO (CA only)

Kaiser members have access to regional care in California through the Kaiser Permanente medical group. There are no out-of-network benefits aside from true medical emergencies.

### In-Network Benefits

Office Visits	\$20
Urgent Care	\$20
Emergency Room	\$50
Inpatient Hospitalization	\$250 per admit
Outpatient Surgery	\$20 per procedure

Generic Rx	\$10
Brand Name Rx	\$25
Specialty Rx	\$25

### Deductible

#### In-network

#### Out-of-network

**\$0**  
per person

**N/A**  
per person

**\$0**  
per family

**N/A**  
per family

### Out-of-pocket max

#### In-network

#### Out-of-network

**\$1,500**  
per person

**N/A**  
per person

**\$3,000**  
per family

**N/A**  
per family

Meet Your Plans

# Medical Plans: Kaiser



## HDHP HMO (CA only)

Kaiser members have access to regional care in California through the Kaiser Permanente medical group. There are no out-of-network benefits aside from true medical emergencies.

### In-Network Benefits

Office Visits	\$30*
Urgent Care	\$30*
Emergency Room	30%*
Inpatient Hospitalization	30%*
Outpatient Surgery	30%*

Generic Rx	\$10*
Brand Name Rx	\$30*
Specialty Rx	\$30*

### Deductible

#### In-network

#### Out-of-network

**\$3,300**  
per person

**N/A**  
per person

**\$6,600**  
per family

**N/A**  
per family

### Out-of-pocket max

#### In-network

#### Out-of-network

**\$5,350**  
per person

**N/A**  
per person

**\$10,700**  
per family

**N/A**  
per family

\* coverage after annual deductible is met

Meet Your Plans

# Kaiser Resources



Calm is an app that uses meditation and mindfulness to help lower stress, reduce anxiety, and improve sleep quality. Adult members are eligible to access Calm.

Practicing mindfulness with Calm can help you build resilience and support your overall emotional health and wellness. Anyone can benefit from Calm, and the app offers something for everyone.

[kp.org/selfcareapps](https://kp.org/selfcareapps)



- 11,500+ Standard Fitness Centers *for just \$25 a month*

and/or

- 4,500+ Premium Exercise Studios *with 20% - 70% discounts on most*

## PLUS

- ✓ 6,500+ Digital Workout Videos
- ✓ Enroll Your Spouse\*\*
- ✓ No Long-Term Contracts

[kp.org/choosehealthy](https://kp.org/choosehealthy)



classpass

Regular workouts can help improve your mood, sharpen your mind, and help you feel healthier and happier overall. Kaiser teamed up with fitness industry leader ClassPass to make it easy for you to exercise from the comfort of home.

On-demand video workouts at no cost: 4,000+ online fitness classes!

Reduced rates on in-person fitness classes at local gyms and studios.

[kp.org/exercise](https://kp.org/exercise)

Now let's review your HealthNet  
**2025 Medical plans**

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Meet Your Plans

# Medical Plans: HealthNet



## HMO Gold (CA only)

HealthNet HMO members have access to care in California only. There are no out-of-network benefits aside from true medical emergencies.

### In-Network Benefits

Office Visits	\$30
Urgent Care	\$30
Emergency Room	\$75
Inpatient Hospitalization	\$500 per admit
Outpatient Surgery	\$30

Generic Rx	\$10
Brand Name Rx	\$20
Specialty Rx	\$35

\* Rx has a separate OOP Max

### Deductible

#### In-network

**\$0**  
per person

**\$0**  
per family

#### Out-of-network

**N/A**  
per person

**N/A**  
per family

### Out-of-pocket max

#### In-network

**\$1,500 M**  
**\$2,000 Rx**  
per person

**\$4,500 M**  
**\$4,000 Rx**  
per family

#### Out-of-network

**N/A**  
per person

**N/A**  
per family

Meet Your Plans

# Medical Plans: HealthNet



## PPO 250

PPO medical plans provide coverage in- and out-of-network, but we recommend utilizing in-network providers to maximize your benefits!

### In-Network Benefits

Office Visits	\$15
Urgent Care	\$15
Emergency Room	\$100 + 20%*
Inpatient Hospitalization	20%*
Outpatient Surgery	20%*
<hr/>	
Generic Rx	\$10
Brand Name Rx	\$25
Specialty Rx	\$35

### Deductible

#### In-network

#### Out-of-network

**\$250**  
per person

**\$500**  
per person

**\$750**  
per family

**\$1,500**  
per family

### Out-of-pocket max

#### In-network

#### Out-of-network

**\$3,000**  
per person

**\$9,000**  
per person

**\$9,000**  
per family

**\$27,000**  
per family

\* coverage after annual deductible is met

Meet Your Plans

# Medical Plans: HealthNet



## HDHP 3300

HDHP / PPO medical plans provide coverage in- and out-of-network, but we recommend utilizing in-network providers to maximize your benefits!

### In-Network Benefits

Office Visits	30%*
Urgent Care	30%*
Emergency Room	\$100 + 30%*
Inpatient Hospitalization	30%*
Outpatient Surgery	30%*
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Generic Rx	\$15*
Brand Name Rx	\$30*
Specialty Rx	\$50*

### Deductible

#### In-network

#### Out-of-network

**\$3,300**  
per person

**\$3,300**  
per person

**\$6,600**  
per family

**\$6,600**  
per family

### Out-of-pocket max

#### In-network

#### Out-of-network

**\$5,000**  
per person

**\$5,000**  
per person

**\$10,000**  
per family

**\$10,000**  
per family

\* coverage after annual deductible is met

Meet Your Plans

# HealthNet Resources



## Online wellness

Improve your health and wellness on your own terms. We have a wide range of online content that features topics such as:

- Healthy weight
- Eating better
- How to manage stress
- How to quit smoking for good

Our online wellness resources have features like:

- Articles
- Videos
- Health trackers
- Health challenges and more



## Online chronic condition resources

You can get help with a current health condition, with access to online information for long-term wellness. You can find articles, videos and virtual tools about:

- Diabetes
- Heart disease
- Asthma
- High blood pressure
- Cancer and more



## Tobacco cessation

The Craving to Quit program covers most types of tobacco, lets you talk with a personal coach for encouragement and support and offers a tailored plan to quit. The 21-day program teaches awareness of cravings and habits to help you stop, whether you smoke, vape or dip.



[www.healthnet.com](http://www.healthnet.com)

Meet Your Plans

# Health Savings Account (HSA)



## Health Savings Account (HSA)

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A **health savings account (HSA)** is a tax-advantaged account that works in conjunction with an HSA-eligible health plan that meets IRS guidelines and allows the participant to save **tax-free money** for eligible medical expenses. Money in an HSA accumulates year after year and is owned by the participant even if they change jobs or health plans.

Account holders receive a “triple tax benefit”:

- **Taxable income reduction:** Contributions to their HSA are pretax, which lowers their taxable income and stretches their dollars further.
- **Tax-free earnings:** Further offers competitive interest rates and investment options for eligible HSA plans. This growth is never taxed. (min. account balance = \$2,000)
- **Tax-free distributions:** Withdrawals are not subject to taxation when used to pay for eligible expenses.

## DUC Funding

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**\$1,500**

EE Only Annual Contribution

**\$3,000**

Family Annual Contribution

## HSA 2025 IRS Limits

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**\$4,300**

Single Contribution Limit

**\$8,550**

Family Contribution Limit

**+\$1,000**

55+ Catch-up Contribution Allowed

Now let's review your new  
**2025 Dental plan**

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# Dental: Guardian



## Dental

Guardian’s PPO plan provides access to a large nationwide network of contracted dentists. We recommend using in-network providers to maximize your benefits!

Annual Dental Benefit Maximum

\$2,000 per person

Lifetime Orthodontia Maximum

\$2,000 per person (Child Only)

Deductible	In-network	Out-of-network
	\$25 per person	\$50 per person
	3x per family	3x per family
Dental Coverage	In-network	Out-of-network
Preventive	100%	100% of UCR
Basic	90%	80% of UCR
Major	60%	50% of UCR
Ortho	50%	50% of UCR

How about your  
**2025 Vision plan?**

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Meet Your Plans

# Vision: Guardian



## Vision

Don't forget to have your eyes checked! Benefits are maximized when members access providers in the VSP vision network.

### Extra Savings

20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP provider within 12 months of your last WellVision Exam

	In-network	Frequency
Vision Copays	<b>\$20</b> Annual Exam	Every 12 months
	<b>\$0</b> Standard Lenses	
Contacts	<b>\$150</b> Allowance	Every 12 months Instead of Glasses
Standard Frames	<b>\$150</b> Frame Allowance (20% savings after allowance)	Every 12 months Instead of Contacts

Great! How much will it cost you?  
**2025 DUC Contributions**

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# Thinking Holistically About Your Benefits

Cost Drivers to consider when selecting an Insurance Plan:

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- What is my [Personal Medical History](#)?
- What is my Premium Expense?
- What are my [Deductibles/Copay/Coinsurance](#)?
- What is my Overall Out of Pocket Exposure?

**What is my Overall Medical Spend?**



Meet Your Cost

# Medical Plans: Staff Contributions



Coverage Tier	Full Monthly Premium	DUC Monthly Contribution	Employee Monthly Contribution	Employee Cost Per Pay Period
<b>Kaiser HMO</b>				
Employee Only	\$1,042.86	\$938.57	\$104.29	\$52.14
Employee + 1	\$2,242.15	\$1,457.40	\$784.75	\$392.38
Employee + 2 or more	\$3,076.43	\$1,845.86	\$1,230.57	\$615.29
<b>Kaiser HSA-HDHP</b>				
Employee Only	\$689.15	\$620.24	\$68.92	\$34.46
Employee + 1	\$1,481.68	\$963.09	\$518.59	\$259.29
Employee + 2 or more	\$2,033.00	\$1,219.80	\$813.20	\$406.60
<b>Health Net HMO</b>				
Employee Only	\$1,617.09	\$1,400.87	\$216.22	\$108.11
Employee + 1	\$3,476.72	\$2,151.31	\$1,325.41	\$662.70
Employee + 2 or more	\$4,770.44	\$2,862.26	\$1,908.18	\$954.09
<b>Health Net PPO</b>				
Employee Only	\$1,811.38	\$1,569.18	\$242.20	\$121.10
Employee + 1	\$3,894.49	\$2,409.82	\$1,484.67	\$742.34
Employee + 2 or more	\$5,343.61	\$3,206.17	\$2,137.44	\$1,068.72
<b>Health Net PPO (OOS)</b>				
Employee Only	\$1,054.83	\$848.97	\$205.86	\$102.93
Employee + 1	\$2,267.88	\$861.35	\$1,406.53	\$703.27
Employee + 2 or more	\$3,111.75	\$1,181.85	\$1,929.90	\$964.95
<b>Health Net HSA-HDHP</b>				
Employee Only	\$1,144.53	\$1,030.08	\$114.45	\$57.23
Employee + 1	\$2,460.76	\$1,599.49	\$861.27	\$430.63
Employee + 2 or more	\$3,376.37	\$2,025.82	\$1,350.55	\$675.27
<b>Guardian DPPO Dental</b>				
Employee Only	\$49.52	\$44.57	\$4.95	\$2.48
Employee + 1	\$98.14	\$63.79	\$34.35	\$17.17
Employee + 2 or more	\$177.34	\$106.40	\$70.94	\$35.47
<b>Guardian Vision</b>				
		w/Medical	w/o Medical	
Employee Only	\$9.64	\$0.00	\$9.64	\$4.82
Employee + 1	\$14.61	\$0.00	\$14.61	\$7.31
Employee + 2 or more	\$25.68	\$0.00	\$25.68	\$12.84

Meet Your Cost

# Medical Plans: Union Contributions



Coverage Tier	Full Monthly Premium	DUC Monthly Contribution	Employee Monthly Contribution	Employee Cost Per Pay Period
<b>Kaiser HMO</b>				
Employee Only	\$1,042.86			
Employee + 1	\$2,242.15			
Employee + 2 or more	\$3,076.43			
<b>Kaiser HSA-HDHP</b>				
Employee Only	\$689.15			
Employee + 1	\$1,481.68			
Employee + 2 or more	\$2,033.00			
<b>Health Net HMO</b>				
Employee Only	\$1,617.09			
Employee + 1	\$3,476.72			
Employee + 2 or more	\$4,770.11			
<b>Health Net PPO</b>				
Employee Only	\$1,111.13			
Employee + 1	\$3,111.44			
Employee + 2 or more	\$5,343.61			
<b>Health Net PPO (OOS)</b>				
Employee Only	\$1,054.83			
Employee + 1	\$2,267.88			
Employee + 2 or more	\$3,111.75			
<b>Health Net HSA-HDHP</b>				
Employee Only	\$1,144.53			
Employee + 1	\$2,460.76			
Employee + 2 or more	\$3,376.37			
<b>Guardian DPPO Dental</b>				
Employee Only	\$49.52	\$44.57	\$4.95	\$2.48
Employee + 1	\$98.14	\$63.79	\$34.35	\$17.17
Employee + 2 or more	\$177.34	\$106.40	\$70.94	\$35.47
<b>Guardian Vision</b>				
		w/Medical	w/o Medical	
Employee Only	\$9.64	\$0.00	\$9.64	\$4.82
Employee + 1	\$14.61	\$0.00	\$14.61	\$7.31
Employee + 2 or more	\$25.68	\$0.00	\$25.68	\$12.84

Now let's talk about your  
**2025 FSA options**

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Meet Your Plans

# Flex Spending Accounts (FSA)



## Flexible Spending Accounts (FSA)

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These voluntary plans allow employees to make pre-tax payroll deductions to spend on eligible services. Funds are 100% from employee payroll deductions. *The FSA account is NOT tied to any medical plan and can be elected regardless of medical enrollment.\**

**Health Care FSA** eligible services include medical, dental, vision, and pharmacy expenses.

**Limited Purpose FSA** eligible services include **dental and vision only**. *\*Employees must elect if enrolled in an HDHP and want to contribute.*

**Dependent Care FSA** eligible services include childcare (day care, summer camps, after school care) for children up to age 13.

## Health Care

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**\$3,300**

Max Election

Up to **\$660**

Max Carryover

## Dependent Care

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**\$5,000**

Max. Election (Household)

**N/A**

No Carryover

Meet Your Plans

# Commuter Benefits



## GoNavia Commuter

Commuter benefits allow you to set aside pre-tax dollars to pay for transit or vanpool rides to and from work, as well as for your work-related parking expenses.

### Flexible, month to month benefit

IMPORTANT! As a month-to-month benefit, you can opt in and out of the benefit at any time based on your needs. Any unused funds at the end of the month will roll over to the next month.

### Easy to use

Pay for transit and parking expenses with your Navia Benefits Card. If a parking provider does not accept debit card payments, you can pay out-of-pocket and submit a claim reimbursement online or on the Navia mobile app.

## Transit

**\$325**

Max Election

## Parking

**\$325**

Max. Election



**FLEXIBLE**

PAUSE, CHANGE,  
CANCEL MONTHLY  
CONTRIBUTIONS



**10K**

DIFFERENT  
LOCATIONS TO  
PURCHASE SERVICES



**EASY**

MULTIPLE  
WAYS TO  
ACCESS FUNDS



**\$325**

MAXIMUM  
CONTRIBUTION  
PER MONTH



Now let's review your  
**2025 403(b) plan**

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Meet Your Plans

# Retirement Savings Accounts



## 403(b) Retirement Plan

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**Eligible employees are automatically enrolled in the plan at a 5% contribution level.** Contributions are pulled from employee payroll deductions. DUC match contributions are immediately vested upon deposit. Employees must be enrolled to receive match contributions.

**Traditional** contributions are made **pre-tax** (reducing taxed income), distributions in retirement are **taxed** as ordinary income.

**Roth** contributions are made **after tax** (no effect on income), employer match is placed in pre-tax account and taxed when distributed. Distributions in retirement are **tax-free**.

## 2025 Contribution Limit

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Combined  
Traditional &  
Roth

**\$23,500**

Max Election

Or **100% of Salary**

Whichever is less

Employees 50+

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**\$7,500**

Additional "Catch Up" election allowed

## 2025 DUC Match Contribution

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**Up to 5%**

Less than 1 year of employment

**Up to an additional 3%**

1+ years of continual employment (total match = 8%)

Next, let's review your  
**Disability & Life benefits**

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Meet Your Plans

# Disability Benefits: MoO



## Disability

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Employees are provided income replacement benefits in the event of a debilitating injury or illness.

Long Term Disability provides coverage after a 180-day elimination period and a maximum benefit up to SSNRA in the event of a total disability claim.

100% Employer Paid Benefit!

### Long Term

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**180 days**

Elimination Period

**60%**

Monthly Earnings

**SSNRA**

Max Duration

**\$10,000/mo**

Max. Benefit

Meet Your Plans

# Life Insurance: MoO



## Life + AD&D

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Employees are provided company paid Basic Life + AD&D benefits, and Voluntary options to purchase additional coverage for themselves and their family members.

## Basic Life + AD&D

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**\$50,000**

Company sponsored benefits

**\$50,000**

AD&D benefits



Let's look at your options for  
**Voluntary plans**

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Meet Your Plans

# Disability Benefits: MoO



## Disability

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Employees can elect additional income replacement benefits in the event of a debilitating injury or illness.

Short-Term Disability provides coverage after a 7-day injury and 7-day sickness elimination period and a maximum benefit up to 26 weeks in the event of a disability claim.

**100% Employee Paid Benefit**

### Short Term

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**7 day**

Injury Elimination Period

**25%**

Weekly Earnings

**7 day**

Sickness Elimination Period

**\$1,200/wk**

Max. Benefit

**26 weeks**

Max Duration

# Life Insurance: MoO



## Voluntary Life + AD&D

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Employees can elect Voluntary options to purchase additional coverage for themselves and their family members.

Voluntary Life Insurance elections made after an employee's period of initial eligibility requires Evidence of Insurability (health questionnaire) to apply for coverage.

Employees who wish to elect additional life insurance through Mutual of Omaha during this 2025 Open Enrollment can elect up to the maximum benefit amount with **HEALTH QUESTIONNAIRE**.

## Voluntary Life + AD&D

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**Increments of \$10k up to \$500k w/ AD&D**  
Employee Benefit *(not to exceed 5x salary)*

**Increments of \$5k up to \$500k w/ AD&D**  
Spouse Benefit *(not to exceed 100% of EE amount)*

**Increments of \$1k up to \$10k w/ AD&D**  
Child(ren) Benefit *(not to exceed 100% of EE amount)*

## Guaranteed Issue

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**\$200,000**

Employee

**\$25,000**

Spouse

**\$10,000**

Child(ren)



# Accident Insurance: MoO



## Voluntary Accident

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Accidents can happen in an instant affecting you or a loved one. This Non-occupational (off-job only) group accident insurance pays cash benefits that you can use any way you see fit.

### Features:

- Benefits are paid directly to you, unless otherwise assigned.
- Coverage is guaranteed-issue (which means you may qualify for coverage without having to answer health questions).
- Benefits are paid regardless of any other medical insurance.
- Wellness benefit pays when members schedule their annual physical or age-appropriate screenings.

## Accidental Death & Dismemberment

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Up to \$70,000  
Employee

Up to \$35,000  
Spouse

Up to \$10,000  
Children

## Fracture / Dislocation

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Up to \$12,000

## Burn

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Up to \$25,000

## Coma

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\$17,500

## Wellness

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\$50/person  
Every Year

# Critical Illness: MoO



## Voluntary Critical Illness

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Critical illnesses includes stroke, heart attacks, Parkinson's, cancer, and more. These policies cover over 30 major illnesses. If you happen to get diagnosed with one of these illnesses, you will receive a lump sum cash payment.

### Features:

- Benefits are paid directly to you, unless otherwise assigned.
- Coverage is available for you, your spouse, and dependent children.
- Coverage may be continued (with certain stipulations). That means you can take it with you if you change jobs or retire.
- Wellness benefit pays when covered members schedule their annual physical or age-appropriate screenings.

\*Guaranteed Issue for Child(ren) = \$5,000

## Employee Benefit

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### Covered Illnesses

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Increments of \$5k up to \$40k  
Initial Diagnosis

Invasive Cancer  
Heart Attack  
Stroke  
Organ Failure  
Kidney Failure  
(over 30 illnesses in total)

### Dependent Coverage

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Increments of \$5,000 up to \$30k  
Spouse

50% of Employee Election up to \$10k  
Child(ren)\*

### Wellness

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\$50/yr (EE, SP & CH)  
Health Screening

Meet Your Plans

# Legal Plan: LegalShield



## LegalShield

LegalShield provides fully covered legal advice and representation for most personal legal matters.

Frequently utilized legal matters include:

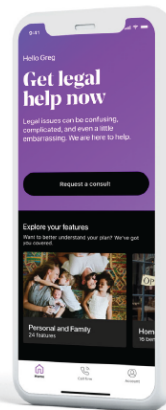
- ✓ Will preparation & estate planning
- ✓ Document review & preparation
- ✓ Real estate matters & renters rights
- ✓ Traffic defense
- ✓ Identify theft
- ✓ Family law
- ✓ Defense of civil lawsuits

*Employment & business-related matters excluded from coverage*

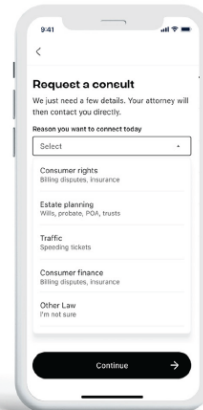
LegalShield's mobile app puts a law firm in the palm of your hand.

### With LegalShield's Mobile App You Can:

- Directly access a dedicated provider law firm
- Upload speeding tickets and other legal documents for review
- Access 24/7 emergency help
- And more!



Get legal help when you need it



Simply request your legal need



Easily schedule a call with your attorney

Meet Your Plans

# Identity Theft: ID Shield

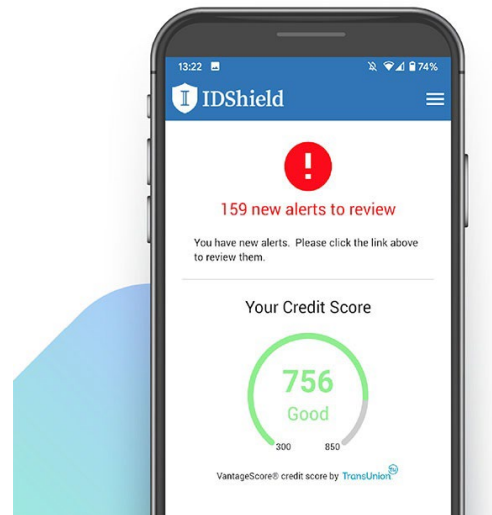


## ID Shield

ID Shield's identity theft protection suite includes full identity protection, identity restoration, financial protection, credit monitoring, and digital device protection.

Your personal and financial information is monitored 24/7.

- ✓ Bank Accounts
- ✓ Credit Cards
- ✓ Social Security Numbers
- ✓ Residential Addresses
- ✓ Online & Dark Web monitoring
- ✓ Social Media
- ✓ Full Identity Restoration



Meet Your Plans

# Pet Insurance

## Pet Benefit Solutions

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### What's included with Wishbone?

- ❖ Variety of Reimbursements
- ❖ Low Deductible
- ❖ No Waiting Periods on accidents or illnesses
- ❖ Use at any veterinarian
- ❖ Claims processed within 5 days
- ❖ 30-day Free Look Period
- ❖ Covers accidents, Illnesses, Surgeries & More!

### Policyholders also get access to:

- ❖ 24/7 Pet Telehealth powered by AskVet
- ❖ Lost Pet Recovery Service from ThePetTag



Enroll online on Benefits Website

Direct Pay – no deductions

[www.wishboneinsurance.com/dominican](http://www.wishboneinsurance.com/dominican)

Time to discuss your  
**Employee Assistance Programs**

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#### Available when you need it most

Life is not always easy. Sometimes a personal or professional issue can affect your work, health and general well-being. You often turn to family or friends for support. But sometimes that's not enough. Sometimes you need an experienced professional to talk with to know you're not alone. Start today by calling **(800) 316-2796** for confidential consultation and resource services... 24 hours a day, seven days a week.



#### How it Works

Our EAP staff members are Master's level EAP Counselors. Our EAP Counselors can provide a solution-focused approach by assessing individual needs and providing appropriate resources and referrals. Some of the issues where EAP can help include:

- Family and relationships
- Emotional well-being
- Financial wellness
- Substance abuse and addiction
- Legal assistance
- Grief and loss
- Work and career
- Change and transition



#### Enhanced

- 24/7/365 phone access
- Services for employees and eligible dependents
- 1-800 hotline with direct access to a Master's level EAP professional
- Online submission for to request services
- Face-to-face visits available
- Financial and legal consultations
- Access to EAP website and educational library

## Employee Assistance (EAP)

100% confidential services for ALL employees and immediate family members:

- Resources to support emotional wellbeing
- Phone & virtual sessions with work/life specialists
- Behavioral and mental health counseling
- Substance abuse or dependency consultation
- 3-visits/year per issue, per family member

Online: [mutualofomaha.com/eap](https://mutualofomaha.com/eap)

Toll Free (800) 316-2796



## Worldwide Travel Assistance

Services available for business and personal travel.

For inquiries within the  
U.S. call toll free:

**1-800-856-9947**

Outside the U.S.  
call collect:

**(312) 935-3658**



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Services provided by AXA Assistance USA.



## Travel Assistance Program

24/7 assistance anytime you and your family members are traveling 100+ miles from home:

- Pre-Trip assistance (Passport/ Visa requirements)
- Lost Document & Lost Luggage
- Emergency Cash & Bail Assistance
- Emergency Medical Transport
- Medical Assistance
- Security Services

**Domestic: 800-856-9947**  
**International: 312-935-3658**



Don't Forget About  
**These!**

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# Additional Benefits

## DUC Cares

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DUC has partnered with additional vendors to offer a wholistic benefit package.

- ☐ **Tuition Waiver Program** - Eligible Staff & Faculty members after 6 months of service
- ☐ **The Tuition Exchange Program and Council Of Independent Colleges Program**
- ☐ **Savi Financial Wellness Tool** – offered through TIAA [www.TIAA.org/duc/student](http://www.TIAA.org/duc/student)
- ☐ **Verizon Discount** – 8% off services and 25% off equipment
- ☐ **Redwood Credit Union**
- ☐ **Dining At Caleruega** – discount on meals
- ☐ **Campus Recreational Facilities** – employees and families
- ☐ **Tickets At Work** – discounts and preferred seating at top attractions, theme parks, shows, sporting events, movie tickets, hotels, rental cars and more! [www.ticketsatwork.com](http://www.ticketsatwork.com)

# Sounds great!

So what comes next?



What DUC needs you to do

# What Comes Next?



1

Review your options in [Paycom](#)

Log-in to Paycom to view costs and confirm all personal information is current & accurate including address and dependent information.

2

Choose your plans and complete enrollment

Confirm your 2025 benefits decisions in Paycom no later than Tuesday, May 6<sup>th</sup>

**Reminder that FSA plans require annual re-enrollment.**

3

Look for your Welcome Kits and ID cards to arrive

New members be on the lookout for HealthNet, Kaiser, Guardian and MoO welcome kits to arrive by postal mail and email in the upcoming weeks.



All employees must make their benefits elections in Paycom



## Remember to contact Acrisure for support!

Acrisure is available to support employees and their families throughout the year with questions about their benefits, billing, locating providers, and more...

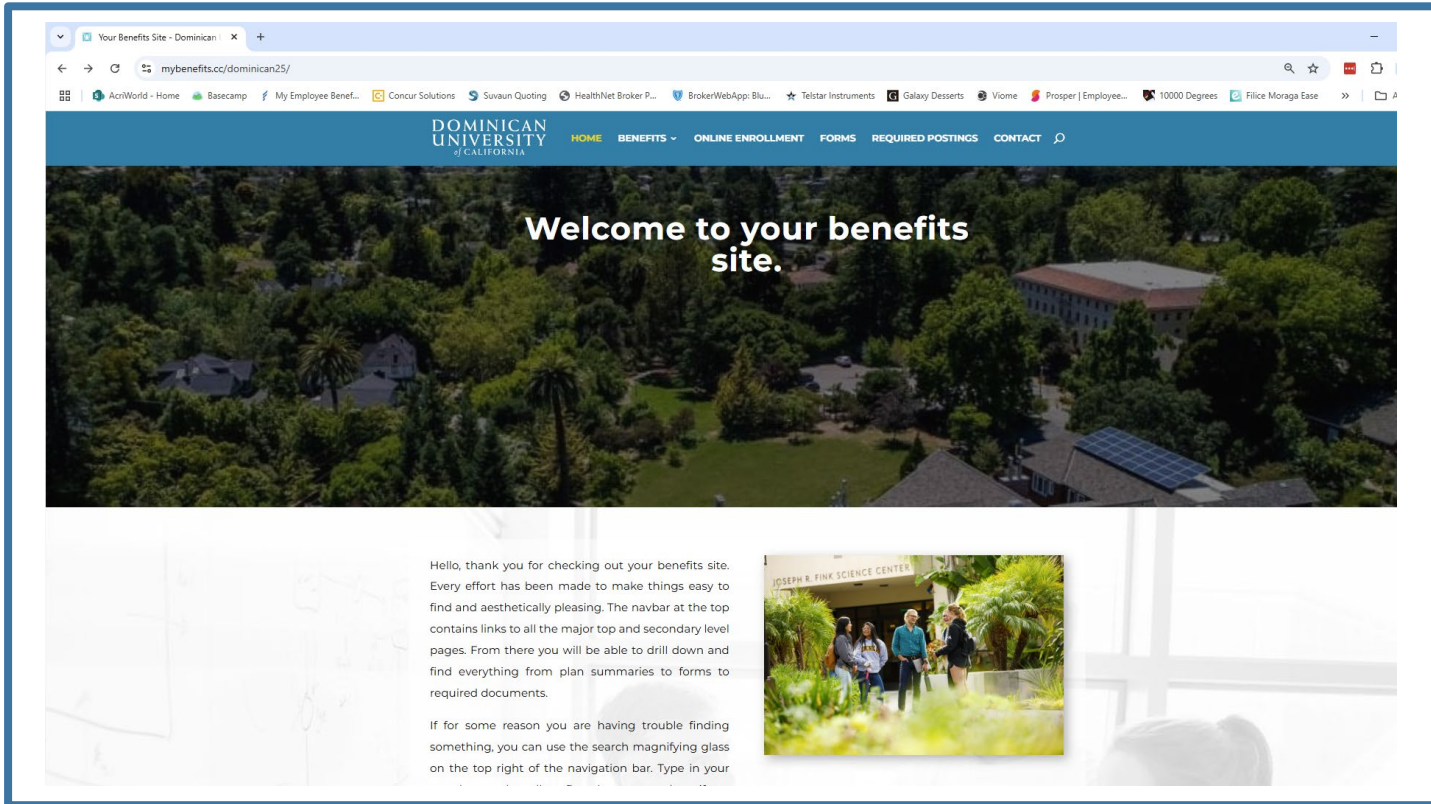
HR Email: [benefits@dominican.edu](mailto:benefits@dominican.edu)

Acrisure Email: [gegonzalez@acrisure.com](mailto:gegonzalez@acrisure.com)

Website: [mybenefits.cc/dominican25/](https://mybenefits.cc/dominican25/)

Where to go for more information

# DUC's Benefits Website



Hello, thank you for checking out your benefits site. Every effort has been made to make things easy to find and aesthetically pleasing. The navbar at the top contains links to all the major top and secondary level pages. From there you will be able to drill down and find everything from plan summaries to forms to required documents.

If for some reason you are having trouble finding something, you can use the search magnifying glass on the top right of the navigation bar. Type in your



**Thank you!**

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**Questions?**

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