

eat breathe dream fitness...

The Active&Fit Direct[™] program allows you to choose from 9,000+ participating fitness centers and YMCAs nationwide for \$25 a month (plus a \$25 enrollment fee and applicable taxes).

The program offers:

- Online directory maps and locator for fitness centers (available on any device)
- A free guest pass to try out a fitness center before enrolling (where available)
- The option to switch fitness centers to make sure you find the right fit
- Online fitness tracking from a wide variety of popular wearable fitness devices, apps, and exercise equipment

To enroll, visit SpecialOffers by logging in to **Anthem.com/CA** and clicking on Discounts.



M966-001H-ANTH 2/18 © 2018 American Specialty Health Incorporated (ASH). All rights reserved. The Active&Fit Direct program is provided by American Specialty Health Fitness, Inc., a subsidiary of ASH. Active&Fit Direct, the Eat Breathe Dream Fitness logo, and the Active&Fit Direct logos are trademarks of ASH.