

# Welcome to Kaiser Permanente

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## 3 easy steps to get started



### Step 1: Choose your doctor – and change anytime

Getting you connected with a doctor who suits your individual needs is the first priority. Choose from a wide range of great doctors. And remember – you can change for any reason, at any time. Browse our online doctor profiles at [kp.org/mydoctor/connect](https://kp.org/mydoctor/connect) and choose a doctor there.



### Step 2: Create your online account

Once your coverage starts, you can create your account through the Kaiser Permanente app or at [kp.org/newmember](https://kp.org/newmember). Then you can conveniently schedule routine appointments, fill most prescriptions, email your doctor's office with nonurgent questions, and so much more.\* You can also access your digital ID card when you use the app.



### Step 3: Get prescriptions

Finally, we'll help you transition your current prescriptions to Kaiser Permanente. Just go to [kp.org/newmember](https://kp.org/newmember) and follow the steps. Or give us a call at **1-877-RXKAISER (1-877-795-2473)** (TTY **711**), weekdays, 8 a.m. to 8 p.m.; Saturday, 8 a.m. to 6 p.m.; or Sunday, 9 a.m. to 6 p.m. Be sure to have your prescription information handy.

## Keep your ID card handy

To enjoy all your benefits, always keep your member ID card with you. It has your unique medical record number and important contact information. You'll need your number to get care, make appointments, and fill prescriptions.

## Care you need, when you need it

No matter what life throws your way, you have access to a full range of care. If you're not sure what kind of care you need, call the appointment and advice phone number listed on your member ID card. You can also visit [kp.org/newmember](https://kp.org/newmember) to see where you can get care.



**Get started today!**

Go to [kp.org/newmember](https://kp.org/newmember).

\*These features are available when you get care at Kaiser Permanente facilities.

Go to [kp.org/newmember](https://kp.org/newmember) today.

