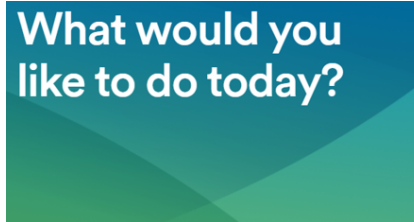# Find a Vision Provider

With MetLife Vision, you can choose from thousands of ophthalmologists, optometrists and opticians at private practices or at popular retail locations like Costco® Optical, Visionworks and more.
You can find the names, addresses, and phone numbers of providers by searching our online Find a Vision Provider directory.
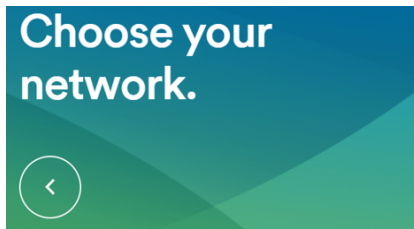
Step 1:

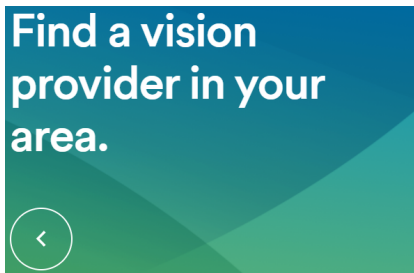Visit www.metlife.com and select "Find a Vision Provider"

What would you like to do today?

- ⊙ Find a Dentist
- ⊙ Find an Agent
- ⊙ Find Broker Resources
- ⊙ Find a Vision Provider
- Find a Form
- Find an Unclaimed Policy

Step 2:

Select your Network "MetLife Vision PPO"

Choose your network.

MetLife Vision PPO

SafeGuard Vision

MetLife VisionAccess

Don't know your network

Step 3:

Enter the Zip, City or State you wish to search

Find a vision provider in your area.

Enter Zip, City or State

FIND A VISION PROVIDER

Step 4:

Use the Advanced Search option to locate a provider by name, language spoken, specialty, frame type, services or gender.

Location or Service

Search Criteria

You must enter a **ZIP Code** or **City & State** (Required).

| ZIP Code 92614 | OR | Address (Optional) | City | State ▾ | Show Results Within 25 Miles ▾ |

SEARCH