



Discounts and services

# Save money while improving your life

Looking for ways to help improve your life—financially, mentally, and physically? These discounts and services are available through your group benefits from Principal®. **These discounts are not insurance.**

<b>Laser Vision Correction</b>	<b>Imagine your life free from glasses and contacts.</b> You, your spouse, and dependent children save \$800 off LASIK through the National Lasik Network, administered by LCA-Vision, Inc. <a href="http://principallasik.com">principallasik.com</a>   888-647-3937
<b>Hearing Aid Program</b>	<b>Protect your hearing health to improve your quality of life.</b> You, your spouse, children, parents, and grandparents can get exclusive discounts up to 48% off on hearing aids, including rechargeable and Bluetooth options, with a 60-day trial to ensure your full satisfaction. You can also receive a free hearing consultation at any of their 3,000+ locations nationwide. <a href="http://principal.com/hearingbenefits/ahb">principal.com/hearingbenefits/ahb</a>   877-890-4694
<b>Emotional health support line</b>	<b>Get help when you're feeling overwhelmed or need support.</b> You, your spouse, and dependent children can call this free, confidential support line 24 hours a day, 7 days a week to reach licensed behavioral health clinicians who will provide emotional support, tips for healthy coping, and referrals to local resources. If your employer offers an Employee Assistance Program (EAP), use those resources instead. 800-424-4612

Available with your dental and vision insurance

<b>Vision Care</b>	<b>Protect and improve your family's vision.</b> You, your spouse, and dependent children can get discounts on LASIK surgery from a nationwide network of VSP providers. You'll also receive discounts on eye exams, prescription glasses and lenses, and contact lens evaluations and fittings through VSP. <a href="http://principal.com/vsp">principal.com/vsp</a> and select the VSP Choice Network   800-877-7195
<b>Dental Health Edge<sup>SM</sup></b>	<b>Get the information you need to make better decisions about oral health care.</b> You can go online and submit a dental care question and get a response from a dentist in one business day. A dental cost estimator shows approximate costs in a ZIP code. And you can access articles about dental health topics plus get information about how dental coverage works. <a href="http://c3.go2dental.com/scontent/">http://c3.go2dental.com/scontent/</a>

Available with your disability insurance

<b>Employee Assistance Program</b>	<b>Count on help to be there when you need it.</b> From concerns like decreasing stress to more complex issues such as divorce, your Employee Assistance Program provides recommendations and information to help you with life's everyday, and not so everyday, challenges. You and your family household members have access to free, confidential service, as well as referrals to supportive and community resources, from Magellan Healthcare. 800-356-7089
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Available with your life insurance

<b>Will &amp; Legal Document Center</b>	<p><b>Consider creating your simple legal documents online.</b> These online resources and tools, provided by ARAG<sup>®1</sup>, are easy-to-use.</p> <p>You and your spouse can create, print, and store essential legal documents—such as a will, living will, healthcare power of attorney, durable power of attorney, and medical treatment authorization for minors. Plus, you can access estate planning tools and a personal information organizer.</p> <p>principal.araggroup.com</p> <p>Contact your employer for your group policy number.</p>
<b>Identity Theft Kit</b>	<p><b>Be proactive in protecting one of your most important assets—your identity.</b> If your identity is stolen, despite your best efforts, you'll get valuable tips on how to restore it.</p> <p>ARAGwills.com/Principal</p> <p>Contact your employer for your group policy number.</p>
<b>Beneficiary Support</b>	<p><b>Get help coping with the death of a loved one.</b> Beneficiaries receive help coping with the emotions and financial decisions that surface when a loved one dies. Services include grief support from Magellan Healthcare and financial review from Principal<sup>®</sup>. Spouses and dependents receive three months of free online will preparation services provided by ARAG.<sup>1</sup></p> <p>Information is provided after the loss of a loved one.</p>

[principal.com](http://principal.com)

The discounts and services listed here are available to members, and/or their dependents or beneficiaries, with group coverage underwritten by or with administrative services provided by Principal Life Insurance Company. For group policies issued in New York: Travel Assistance, Will & Legal Document Center, Identity Theft Kit, Emotional Health Support Line, and Beneficiary Support are not available; Laser Vision Correction and Hearing Aid Program are only available with dental or vision insurance. The discounts and services are not a part of the policy or contract and may be changed or discontinued at any time. Third party providers are solely responsible for their products and services.

If your benefits are self-funded, your employer assumes financial responsibility for paying claims, and Principal<sup>®</sup> is contracted to administer the coverage on your employer's behalf.

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06/2021 | 1688146-062021 | © 2021 Principal Financial Services, Inc.

<sup>1</sup> The use of the services provided by ARAG Services, LLC should not be considered as a substitute for consultation with an attorney.

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