# **Summary of Dental Benefits and Coverage Disclosure Matrix (SDBC)**

# Part I: GENERAL INFORMATION

Insurer Name: Cigna Health and Life Insurance Company
Plan Name: 3345480 DPPO1

Policy Type: DPPO Insurer Phone #: 1-800-Cigna24
Effective Date: Beginning on or after 01/01/2024 Insurer Website: www.cigna.com

THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND WHAT YOU WILL PAY FOR COVERED SERVICES. THIS IS A SUMMARY ONLY AND DOES NOT INCLUDE THE PREMIUM COSTS OF THIS DENTAL BENEFITS PACKAGE. PLEASE CONSULT YOUR EVIDENCE OF COVERAGE AND DENTAL CONTRACT FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS. FOR MORE INFORMATION ABOUT YOUR COVERAGE, VISIT THE INSURER WEBSITE AT www.cigna.com OR CALL 1-800-Cigna24.

#### THIS MATRIX IS NOT A GUARANTEE OF EXPENSES OR PAYMENT.

### **Part II: DEDUCTIBLES**

Deductible	In-Network	Out-of-Network
Dental	Per individual - \$25 / Per family - \$75	Per individual - \$25/ Per family - \$75
Orthodontia	None.	None.

- The deductible applies to all services except preventive/diagnostic and orthodontic services.
- A **deductible** is the amount you are required to pay for covered dental services each policy year before the insurer begins to pay for the cost of covered dental treatment.
- **In-network services** are dental care services provided by dentists or other licensed dental care providers that contract with your insurer for alternative rates of payment for dental services.
- **Out-of-network services** are dental care services provided by dentists or other licensed dental care providers that have not contracted with your insurer for alternative rates of payment.

## Part III: MAXIMUMS POLICY WILL PAY

Maximums	In-Network	Out-of-Network
Annual Maximum	\$2000	\$2000
Lifetime Maximum for Orthodontia	\$2000	\$2000

- **Annual maximum** is the maximum dollar amount your policy will pay toward the cost of dental care within a specific period of time, usually a consecutive 12-month or calendar year period. Not all services accrue to the annual maximum.
- **Lifetime maximum** means the maximum dollar amount your policy providing dental benefits will pay for the life of the enrollee. Lifetime maximums usually apply to specific services, such as orthodontic treatment.

# **Part IV: WAITING PERIODS**

**Waiting Periods**: A waiting period is the amount of time that must pass before you are eligible to receive benefits for all or certain dental treatments. **There is no waiting period.** 

### Part V: WHAT YOU WILL PAY

All copayments and coinsurance costs shown in this chart apply after your deductible has been met, if a deductible applies. The Common Dental Procedures fit into one of the following applicable categories: Preventive & Diagnostic, Basic or Major. The Benefit Limitations and Exclusions column includes common limitations and exclusions only. For a full list, see the full disclosure document referenced in the Benefit Limitations and Exclusions column.

Common Dental Procedures	Category	In-Network	Out-of- Network	Benefit Limitations and Exclusions
				For complete coverage details, exclusions and limitations, please see your Plan Certificate.
Oral Exam	Preventive &	0%, deductible	50%, deductible	Limited to two oral exams per year.
	Diagnostic	does not apply	does not apply	
Bitewing X-ray	Preventive &	0%, deductible	50%, deductible	Limited to 2 sets per year.
	Diagnostic	does not apply	does not apply	·
Cleaning	Preventive &	0%, deductible	50%, deductible	Limited to 2 per year.
_	Diagnostic	does not apply	does not apply	

Common Dental Procedures	Category	In-Network	Out-of- Network	Benefit Limitations and Exclusions  For complete coverage details, exclusions and limitations, please see your Plan Certificate.	
Filling	Basic	20%	50%	Not applicable	
Extraction, Erupted Tooth or Exposed Root	Basic	20%	50%	Not applicable	
Root Canal	Basic	20%	50%	Not applicable	
Scaling and Root Planing	Basic	20%	50%	Not applicable	
Ceramic Crown	Major	50%	50%	Replacement is limited to 1 per tooth, per 60 consecutive months.	
Removable Partial Denture	Major	50%	50%	Replacement is limited to 1 partial denture per arch per 60 consecutive months.	
Extraction, Erupted Tooth with Bone Removal	Basic	20%	50%	Not applicable	
Orthodontia	Orthodontia	50%, deductible does not apply	50%, deductible does not apply	Covered for employee and all dependents.	

# **Part VI: COVERAGE EXAMPLES**

THESE EXAMPLES DO NOT REPRESENT A COST ESTIMATOR OR GUARANTEE OF PAYMENT. The examples provided represent commonly used services in the categories of Diagnostic and Preventive, Basic and Major Services for illustrative purposes and to compare this policy to other dental policies you may be considering. Your actual costs will likely be different from those shown in the chart below depending on the actual care you receive, the prices your providers charge and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and the summary of excluded services under the plan.

Dana Has a Dental Appointment with a New Dentist	Sam Needs a Tooth Filled	Maria Needs a Crown	
New patient exam, x-rays (FMX) and	Resin-based composite – one surface,	Crown – porcelain/ceramic substrate	
cleaning	posterior		

Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
Total Cost of Care	In-network: \$400 Out-of-network: \$550	Total Cost of Care	In-network: \$150 Out-of-network: \$200	Total Cost of Care	In-network: \$1,300 Out-of-network: \$1,750
Deductible	In-network: Not Applicable Out-of-network: Not Applicable	Deductible	In-network: \$25 Out-of-network: \$25	Deductible	In-network: \$25 Out-of-network: \$25
Annual Maximum (Plan Will Pay)	In-network: \$2000 Out-of-network: \$2000	Annual Maximum (Plan Will Pay)	In-network: \$2000 Out-of-network: \$2000	Annual Maximum (Plan Will Pay)	In-network: \$2000 Out-of-network: \$2000
Patient Cost (copayment or coinsurance)	In-network: 0% Out-of-network: 50%	Patient Cost (copayment or coinsurance)	In-network: 20% Out-of-network: 50%	Patient Cost (copayment or coinsurance)	In-network: 50% Out-of-network: 50%
In this example, Dana would pay (includes copays/coinsurance	In-network: \$0*  Out-of-network: \$397*	In this example, Sam would pay (includes copays/coinsurance	In-network: \$50* Out-of-network: \$133.50*	In this example, Maria would pay (includes copays/coinsurance	In-network: \$662.50* Out-of-network: \$1238*

Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
and deductible, if		and deductible, if		and deductible, if	
applicable):		applicable):		applicable):	
Summary of what is	Oral exams and	Summary of what is	The following may	Summary of what is	Crowns are limited
not covered or	cleanings are	not covered or	apply: if more than	not covered or	to 1 per tooth, per
subject to a limitation:	limited to 2 per	subject to a limitation:	one covered	subject to a limitation:	60 consecutive
	year. A complete		service will treat a		months. The
	series of full mouth		dental condition,		following may
	X-rays are limited		payment is limited		apply: if more than
	to 2 sets per year.		to the least costly		one covered
	*These Coverage		service.		service will treat a
	Examples are		*These Coverage		dental condition,
	based on a		Examples are		payment is limited
	standard plan		based on a		to the least costly
	which may not		standard plan		service.
	reflect your		which may not		*These Coverage
	coverages as		reflect your		Examples are
	described in		coverages as		based on a
	Sections I – V.		described in		standard plan
	Please see the		Sections I – V.		which may not
	applicable Plan		Please see the		reflect your
	Certificate for		applicable Plan		coverages as
	details. For out-of-		Certificate for		described in
	network benefits,		details. For out-of-		Sections I – V.
	you may be		network benefits,		Please see the
	charged the		you may be		applicable Plan
	difference between		charged the		Certificate for
	the amount Cigna		difference between		details. For out-of-
	reimburses for		the amount Cigna		network benefits,
	such services		reimburses for		you may be
	under your specific		such services		charged the
	plan and the		under your specific		difference between
	amount charged by		plan and the		the amount Cigna
	the dentist.		amount charged by		reimburses for
			the dentist.		such services
					under your specific

Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
					plan and the amount charged by the dentist.