

# Keep your destination in sight



## We'll help you past the roadblocks.

You have hopes, dreams and goals for your future. So, when you encounter bumps along the road, you'll be glad to know the *EmployeeConnect*<sup>SM</sup> program is on your side. Whether it's a helping hand during tough times or a bit of professional guidance, we're here for you with the support you need to keep moving forward.

# With *EmployeeConnect*, help is available 24/7 for you and your dependents — at no additional cost to you — for:

- Depression
- Marital or family difficulties
- Managing stress and anxiety
- Substance abuse
- Legal and financial matters
- Locating child or elder care
- Moving and relocation
- Planning for college, events or vacation
- Family planning and pregnancy health



### Take advantage of *EmployeeConnect* SM

For more information about the program, visit GuidanceResources.com, download the GuidanceNow<sup>SM</sup> mobile app or call 888-628-4824.

GuidanceResources.com login credentials:

Username: LFGSupport Password: LFGSupport1

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Scan the QR code to learn more about how EmployeeConnect<sup>SM</sup> services can help!

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