



# Get a biometric screening and earn with UHC Rewards



Learn your numbers for blood pressure, glucose, cholesterol, weight and more—so you can see where you can focus your efforts for a healthier you. The results may help identify current health issues and reduce your risk of future ones. And get this: With UnitedHealthcare Rewards, you'll earn rewards after you complete your screening.



## Ready, set, schedule

- Sign in on the **UnitedHealthcare® app**
- Go to the **Menu** tab and select **UHC Rewards**
- Scroll to **Available activities** and select **See all**
- Select **Biometric screening** and then **Get started**
- You'll arrive at the diagnostic vendor's site, where you can follow the prompts to finish your registration and choose how you want to complete your screening



## Choose the screening method that works for you

### Lab

Schedule online at one of the 2,200+ locations.

### At-home screening

Order the self-administered test and have it delivered directly to your home.

### Physician results form

Complete your screening with your provider or at a local clinic. Then, fax or upload the form.

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Healthcare