

2023 Jireh traditional plan acupuncture coverage

This benefit covers self-referred acupuncture services when obtained from participating providers.

Self-Referred Services	Cost Share Options*	Visit Limit Options
Acupuncture	\$25	12

*If added to an HSA-qualified deductible plan, this benefit is subject to the deductible.

Office visits

You do not need a referral to make an appointment. There is no claim form to file. You pay your cost shares directly to the provider when you receive care. Once your visit limit has been reached, you pay 100% of the cost of services for the remainder of the calendar year. As a member, you will receive a discount of up to 20%.

Participating providers

We contract with the CHP Group, a network of alternative care providers, to provide covered services to members. Visit chpgroup.com for a list of participating providers or contact Member Services.

Acupuncture services

Acupuncturists influence the health of the body by the insertion of very fine needles. Acupuncture treatment is primarily used to relieve pain, reduce inflammation, and promote healing. Covered services include:

- § Evaluation and management.
- § Acupuncture.
- § Electro acupuncture.

Alternative care exclusions

- § Charges incurred as a result of missed appointment or an appointment not canceled.
- § Dermal friction technique.
- § East Asian massage and tui na.
- § Hypnotherapy, play therapy, and sleep therapy.
- § Laserpuncture.
- § Nambudripad allergy elimination technique (NAET).
- § Point injection therapy.
- § Qi gong.
- § Services designed to maintain optimal health in the absence of symptoms.
- § Sonopuncture.

This is not a contract. This benefit summary does not fully describe your benefit coverage with Kaiser Foundation Health Plan of the Northwest. Please see your *Evidence of Coverage (EOC)* for complete details of benefits as well as exclusions and limitations. In the event of a conflict between this summary and the *EOC*, the *EOC* will control.