

# CLAREMONT

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*Helping you be your best.*



## 25 Reasons to Access Claremont Services

- 1 It's FREE! No money comes out of your paycheck.
- 2 It's confidential- No one will know that you accessed Claremont services unless you tell them.
- 3 Accessing Claremont is EASY: No forms, no co-pays, no deductibles.
- 4 Be proactive about your life!
- 5 You get free counseling sessions with a licensed clinician in private practice.
- 6 Counseling is available for individuals, couples and families.
- 7 Video Counseling. See and speak with a counselor from the privacy of your home.
- 8 Receive 24/7 emotional support from an AI Chatbot. Call 650-825-9634, text "Hi" to Tess and enter "Claremont" as your company name.
- 9 Interest in Online Support Groups? Claremont offers a range of confidential, specialized sessions.
- 10 FREE legal consultations!
- 11 You can do a Simple Will for FREE.
- 12 FREE financial consultations!
- 13 Concerned about your credit report information or score? Schedule a consultation to resolve any issues.
- 14 Get your life organized!
- 15 Looking for child care services? Claremont will generate a customized report for you, with a listing of appropriate services and other helpful written information.
- 16 Same with elder care services- Claremont provides nationwide referrals and customized reports.
- 17 Need help choosing a public or private school for your child? Claremont can help you do the research.
- 18 Feel overwhelmed by the college search process? Claremont can help you research undergraduate and graduate programs, including financial aid.
- 19 Claremont provides nationwide referrals for adoption attorneys, agencies, infertility specialists, and support groups.
- 20 Do you care for a pet? Claremont offers referrals for pet services such as vets, groomers, boarders, animal hospitals and pet sitters.
- 21 Looking for a low or no cost community resource? Claremont provides referrals to 12-step meetings, inpatient and outpatient treatment facilities, and more. Just call.
- 22 Be prepared for whatever comes up.
- 23 Manage your stress-at work and at home.
- 24 Enhance your resilience with positive psychology tools found at [positivitycenter.org](http://positivitycenter.org).
- 25 Enjoy over 120 webinars on Claremont Personal Advantage.



Call toll-free, 24/7  
800-834-3773  
[claremonteap.com](http://claremonteap.com)