Coverage For: Family | Plan Type: PPO

#### **Select Plus Plan DKQF**





The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-633-2446 or visit <u>welcometouhc.com</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: \$6,000 Individual / \$12,000 Family Out-of-Network: \$18,000 Individual / \$36,000 Family Per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive Care Services</u> and categories with a <u>copay</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.  For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network: \$8,550 Individual / \$17,100 Family Out-of-Network: \$25,600 Individual / \$51,200 Family Per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limits</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this plan doesn't cover and penalties for failure to obtain preauthorization for services.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.myuhc.com">www.myuhc.com</a> or call 1-866-633-2446 for a list of <a href="https://www.myuhc.com">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical	Services You	What You Will Pay		Limitations, Exceptions, & Other Important Information	
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
If you visit a health care provider's office	Primary care visit to treat an injury or illness	\$35 <u>copay</u> per visit, <u>deductible</u> does not apply	50% <u>coinsurance</u>	If you receive services in addition to office visit, additional copays, deductibles or coinsurance may apply e.g. surgery.	
or clinic	Specialist visit	\$70 <u>copay</u> per visit, <u>deductible</u> does not apply	50% coinsurance	If you receive services in addition to office visit, additional <a href="mailto:copay">copay</a> s, <a href="mailto:deductibles">deductibles</a> or <a href="mailto:coinsurance">coinsurance</a> may apply e.g. surgery.	
	Preventive care/ screening/ immunization	No Charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. No coverage <u>out-of-network</u> .	
If you have a test	Diagnostic test (x-ray, blood work)	Lab Testing:  Free Standing/Office:  30% coinsurance Hospital: 50% coinsurance X-Ray/Diagnostics:  30% coinsurance	Lab Testing: Not Covered X-Ray/Diagnostics: 50% coinsurance	Preauthorization is required out-of-network for certain services or benefit reduces to 50% of allowed amount.  No coverage out-of- network for lab testing.	
	Imaging (CT/PET scans, MRIs)	Free Standing/Office: 30% <u>coinsurance</u> Hospital: 50% <u>coinsurance</u>	50% coinsurance	Preauthorization is required out-of-network or benefit reduces to 50% of allowed amount.	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com.</u>

Common Medical	Services You	What You	ı Will Pay	Limitations, Exceptions, & Other Important Information	
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
If you need drugs to treat your illness or condition More information about prescription	Tier 1 - Your Lowest Cost Option	Retail: \$5 <u>copay</u> , <u>deductible</u> does not apply. Mail-Order: \$12.50 <u>copay</u> , <u>deductible</u> does not apply.	Retail: \$5 <u>copay, deductible</u> does not apply.	Provider means pharmacy for purposes of this section. Retail: Up to a 31 day supply. Mail-Order: Up to a 90 day supply or Preferred 90 Day Retail Network Pharmacy. You may need to obtain certain drugs, including certain specialty drugs, from a pharmacy designated by us. Certain	
drug coverage is available at welcometouhc.com	Tier 2 - Your Mid- Range Cost Option	Retail: \$35 <u>copay</u> , <u>deductible</u> does not apply. Mail-Order: \$87.50 <u>copay</u> , <u>deductible</u> does not apply.	Retail: \$35 <u>copay, deductible</u> does not apply.	drugs may have a <u>preauthorization</u> requirement or may result in a higher cost. If you use an <u>out-of-network</u> pharmacy (including a mail order pharmacy), you may be responsible for any amount over the <u>allowed amount</u> .  Certain preventive medications (including certain	
	Tier 3 - Your Mid- Range Cost Option	Retail: \$75 <u>copay</u> , <u>deductible</u> does not apply. Mail-Order: \$187.50 <u>copay</u> , <u>deductible</u> does not apply.	Retail: \$75 <u>copay</u> , <u>deductible</u> does not apply.	contraceptives) and the List of Zero Cost Share Medications are covered at No Charge.  See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered. You may be required to use a lower-cost drug(s) prior to benefits under your policy being available for certain prescribed drugs.	
	Tier 4 - Your Highest Cost Option	Retail: \$250 <u>copay</u> , <u>deductible</u> does not apply. Mail-Order: \$625 <u>copay</u> , <u>deductible</u> does not apply.	Retail: \$250 <u>copay,</u> <u>deductible</u> does not apply.		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Out-of-network allowed amounts for Facility Fees are limited to \$760 per date of service.  Preauthorization is required out-of-network for certain services or benefit reduces to 50% of allowed amount.	
	Physician/ surgeon fees	30% <u>coinsurance</u>	50% <u>coinsurance</u>	None	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com.</u>

Common Medical	Services You	What You	ı Will Pay	Limitations, Exceptions, & Other Important Information
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need immediate	Emergency room care	30% <u>coinsurance</u>	*30% coinsurance	* <u>Network deductible</u> applies.
medical attention	Emergency medical transportation	30% <u>coinsurance</u>	*30% coinsurance	*Network deductible applies.
	<u>Urgent Care</u>	\$50 <u>copay</u> per visit, <u>deductible</u> does not apply	50% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	50% coinsurance	Preauthorization is required out-of-network or benefit reduces to 50% of allowed amount.
	Physician/ surgeon fees	30% coinsurance	50% coinsurance	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$35 <u>copay</u> per visit, <u>deductible</u> does not apply	50% <u>coinsurance</u>	Network All Other: 30% coinsurance. Intensive Behavioral Therapy (ABA): 10% coinsurance, deductible does not apply. See your policy or plan document for additional information about Employee Assistance Program (EAP) benefits.
	Inpatient services	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization is required out-of-network or benefit reduces to 50% of allowed amount.  See your policy or plan document for additional information about EAP benefits.
If you are pregnant	Office Visits	No Charge	50% coinsurance	Cost sharing does not apply for preventive services.
	Childbirth/delivery professional services	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Depending on the type of service a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery facility services	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Inpatient preauthorization applies <u>out-of-network</u> if stay exceeds 48 hours (C-Section: 96 hours) or benefit reduces to 50% of <u>allowed amount</u> .

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com.</u>

Common Medical	Services You	What You Will Pay		Limitations, Exceptions, & Other Important Information	
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
If you need help recovering or have other special health needs	Home health care	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Limited to 100 visits per calendar year. Out-of-network allowed amounts for Home health care are limited to \$150 per visit.  Preauthorization is required out-of-network or benefit reduces to 50% of allowed amount.	
	Rehabilitation services	\$35 <u>copay</u> per visit, <u>deductible</u> does not apply	50% <u>coinsurance</u>	Outpatient rehabilitation services are unlimited per calendar year.  No limits apply for treatment of Autism Spectrum Disorder Services.  No coverage out-of-network for physical and occupational therapy.	
	Habilitative services	\$35 <u>copay</u> per visit, <u>deductible</u> does not apply	50% <u>coinsurance</u>	Services are provided under Rehabilitation Services above.  No limits apply for treatment of Autism Spectrum Disorder Services.  No coverage out-of-network for physical and occupational therapy.	
	Skilled nursing care	30% <u>coinsurance</u>	50% coinsurance	Skilled Nursing is limited to 100 days per calendar year. <u>Preauthorization</u> is required <u>out-of-network</u> or benefit reduces to 50% of <u>allowed amount</u> .	
	Durable medical equipment	30% coinsurance	Not covered	No coverage <u>out-of-network</u> .	
	Hospice services	30% <u>coinsurance</u>	50% coinsurance	<u>Preauthorization</u> is required <u>out-of-network</u> before admission for an Inpatient Stay in a hospice facility or benefit reduces to 50% of <u>allowed amount</u> .	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com.</u>

Common Medical Services You		What You Will Pay		Limitations, Exceptions, & Other Important Information	
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
If your child needs dental or eye care	Children's eye exam	\$30 <u>copay</u> per visit, <u>deductible</u> does not apply	Not covered	Limited to 1 exam every 24 months. No coverage <u>out-of-network</u> .	
	Children's glasses	Not Covered	Not Covered	No coverage for Children's glasses.	
	Children's dental check-up	Not Covered	Not Covered	No coverage for Children's dental check-up.	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com.</u>

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care
- Glasses

- Long Term Care
- Non-emergency care when traveling outside the US Routine foot care Except as covered for Diabetes
- Private duty nursing

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture 20 visits per calendar year
- Bariatric surgery 1 procedure per lifetime
- Chiropractic (manipulative) care 24 visits per calendar year
- Hearing aids \$2,500 per calendar year
- Infertility Treatment

- Routine eye care (Adult) 1 exam per 24 months
- Weight loss programs- Real Appeal

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at welcometouhc.com.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Managed Health Care California Help Center, 980 9th Street Suite #500, Sacramento, CA 95814-4275 at 1-888-466-2219 or <a href="www.dmhc.ca.gov">www.dmhc.ca.gov</a>, or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="http://www.dol.gov/ebsa/healthreform">http://www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you, too including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.healthCare.gov">www.healthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or myuhc.com or the Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/ebsa/healthreform</u>.

Additionally, a consumer assistance program may help you file your appeal. Contact Department of Managed Health Care California Help Center, 980 9th Street Suite #500, Sacramento, CA 95814-4275 at 1-888-466-2219 or <a href="https://www.dmhc.ca.gov">www.dmhc.ca.gov</a>.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit.</u>

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-633-2446.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-633-2446.

Traditional Chinese (中文): 如果需要中文的幫助, 請撥打這個號碼 1-866-633-2446.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-633-2446.

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf 1-866-633-2446 uff.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1-866-633-2446.

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-866-633-2446.

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, a'gang 1-866-633-2446.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at welcometouhc.com.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

## **Mia's Simple Fracture**

(in-<u>network</u> emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	
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\$6,000

The <u>plan's</u> overall <u>deductible</u>

\$6,000

The plan's overall deductible \$6,000

Specialist copay

\$70 Specialist copay

\$70

■ Specialist copay \$70

Hospital (facility) coinsurance

30% Hospital (facility) coinsurance

Hospital (facility) coinsurance

30%

Other coinsurance

30% Other coinsurance

30%

Other coinsurance 30%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits *(including disease education)* 

Diagnostić tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$6,000	<u>Deductibles</u>	\$300	<u>Deductibles</u>	\$2,200
<u>Copayments</u>	\$10	Copayments	\$500	<u>Copayments</u>	\$300
<u>Coinsurance</u>	\$1,500	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$7,570	The total Joe would pay is	\$800	The total Mia would pay is	\$2,500