Healthcare FSA Eligible Expense Guide



Reimbursement Guide

Healthcare FSA's are permitted to reimburse drugs, medicines and supplies that meet the definition of medical care under Code 213(d), including items purchased over-the-counter. The following provides a common list of eligible expenses (and ineligible expenses) for your review. A comprehensive listing of eligible expenses can be viewed at www.enrollwithtag.com.

Change to OTC Medication Eligibility

Effective January 1, 2011 over-the-counter medications will require a physician's statement to be considered an eligible medical expense. Qualified over-the-counter first aid type items will remain eligible for reimbursement without a physician's statement.

Medical Care

- Adoption/Medical Expenses
- Ambulance Services
- Blood Pressure Monitoring
- Body Scans
- Contact Lenses
- · Contraceptives such as Birth Control Pills and Vasectomy
- Co-Pays & Deductibles for Medical, Dental, and Vision
- · Costs for a Guide Dog for the Blind or Deaf
- · Dental Check Ups and Care
- Drug Addiction Treatments
- Fertility Treatments (only for inability to conceive naturally)
- Hearing Aids/Supplies
- Hospital Services
- Immunizations
- Lab / X-ray Fees
- LASIK Eye Surgery
- Operations (non-cosmetic)
- Orthodontia
- Prescription Drugs
- Pregnancy Tests

Over-the-Counter Items

- * Physician's statement is required for reimbursement
- Allergy Medications such as Claritin and Benadryl*
- Antacids such as Zantac, Pepcid AC, and Prilosec*
- Bandages such as Band-Aids, Gauze, and tape
- Cold Medications such as Nyquil and Robitussin*
- Contraceptives such as Condoms
- · Contact Lens Solutions and Cleaners
- Denture Adhesives
- Diabetic Supplies (may require physician's statement)
- Diaper Rash Ointments*
- Diarrhea Medicines*
- First Aid Supplies
- Hemorrhoid Treatments*
- Laxatives such as Phillip's Milk of Magnesia*
- Menstrual Relief such as Pamprin and Midol*
- Motion Sickness Pills*
- Nasal Decongestant Sprays, Drops, and Inhalers*
- Pain Relievers such as Tylenol, Motrin, Aleve and Aspirin*
- Prenatal Vitamins*
- Sleeping Aids such as Unisom and Sominex*
- Thermometers
- Topical Antibiotics such as Neosporin*

Dual Purpose Items

Dual purpose items must be recommended by a medical practitioner to treat a specific medical condition.

- Acne Treatments
- Allergy Treatment Equipment
- · Birthing Classes
- Counseling (only for a medical reason)
- Health Club Dues/Fitness Fees
- Massage Therapy
- Orthopedic Shoes and Inserts

- Weight Reduction Programs
- Skin Care Treatments
- Smoking Cessation Programs
- Alternative Healers such as Herbal and Holistic
- Cold or Hot Compresses
- Dietary Supplements
- Sun Screen Products

Ineligible Expenses

These items are not eligible for reimbursment under any circumstances.

- · Any illegal treatments
- Breast Enhancement Surgery
- Cosmetic Procedures
- Hair Re-Growth Treatments
- Individual Life Insurance Premiums

- Marriage Counseling
- · Teeth Bleaching or Whitening
- Toiletries such as Toothpaste, Shampoo/Conditioner,
- Soap Shaving Items, or any other Personal Care Item which is not used for Illness or injury